

Super-Hydrides of Lanthanum and Yttrium: On Optimal Conditions for Achieving near Room Temperature Superconductivity

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Abstract

Recently, many seminal papers deal with the syntheses, stability and superconducting properties of super-hydrides like LaH₁₀ or YH₁₀ under high pressure, reporting critical temperatures near room temperature. In the first run one will assume that the involved metal atoms contribute a number of 3 electrons to the pairing pool corresponding to their valence. However, another possibility may be that the cationic valence is somewhat smaller, for instance only 2.29, resulting in a nominal electron number per cation of $\sigma_0 = 0.229 \approx$ 3/13 instead of 0.3. Then, we will have a numerical equality to the optimum hole number in the cuprate high- T_c superconductors, a number that reflects the fractal nature of electronic response in superconductors. However, if one still keeps up the oxidation state of +3 of lanthanum, one will need 13 hydrogen atoms to match the optimum σ_0 . Such composition may be found at the phase boundary between the observed LaH₁₀ and LaH₁₆ phases. Partial ionic replacement is suggested to shift the super-hydride composition into the σ_0 optimum. Micro-structural phenomena such as multiple twinning and ferroelastic behavior as observed with cuprates may also influence the superconductivity of super-hydrides. Finally, epitaxial growth of super-hydrides onto a specially cut diamond substrate is proposed.

Keywords

Superconductivity, Super-Hydride, Clathrate, LaH₁₀, YH₁₀, Faujasite, High Pressure, Optimum of Pairing Charge Carriers, Slab Width, Ionic Substitution, Epitaxial Growth, Diamond Substrate, Fractality

1. Introduction

Excitingly, different groups of outstanding researchers independently synthe-

sized and investigated super-hydrides of lanthanum respectively yttrium, and found superconducting transition temperatures only less below room temperature with T_c around 250 K, when applying high pressure [1] [2] [3] [4]. The mankind's dream of room temperature superconductivity could thus be realized in near future. Since the suggestion of Ashcroft [5] that metallic hydrogen might be a room temperature superconductor, research on hydrogen and hydrogen-rich compounds in this direction had already led to many promising results. A milestone of such research was the observation of conventional superconductivity at 203 K at high pressure in the $Im\overline{3}m$ structure of $(H_2S)_2H_2$ [6] [7] [8]. Whereas the proposal of the present author to upload H₃S in the cavities of a zeolite to reduce the applied high pressure could not be realized as yet [9], we now see the new superb results obtained by dense ordering of hydrogen in a clathrate structure centered by large metal ions like La³⁺ or Y³⁺, if we still use the usual valence. In this short contribution we pose the question, how many electrons per hydrogen within the super-hydride actually contribute to the conventional superconducting pairing scenario and whether the electronic response in such superconductors is of fractal nature.

Looking at the recent results, then a guide for experimenters was given by the published relationship between mean cationic charge and critical temperature, when extrapolating the depicted branch for conventional superconductors of **Figure 1** in Reference [10] to small values.

Many other researchers have contributed to the growing field of super-hydrides, and the reader may follow their valuable work summarized in the references above.



Figure 1. Critical temperature T_c versus the hydrogen atom number n(H) of lanthanum hydrides approximated by a parabola according to Semenok *et al.* [1]. The blue arrow depicts the maximum of the parabola with $T_c = 292$ K at a composition of about LaH₁₁. The red arrow marks the assumed point at LaH₁₃.

This article deals with the question of the optimal charge of pairing electrons in super-hydrides of lanthanum and yttrium and discusses the influence of the width of structural layers. It furthermore proposes chemical substitutions to enhance superconductivity and suggests suitable substrates for epitaxial growth of super-hydrides to reduce the applied pressure. Attention is drawn to micro-structural phenomena, possible multiple twinning of super-hydride phases or the role of interfaces. Finally, the beauty of the 32-membered hydrogen cage around lanthanum in LaH₁₀ is looked at separately, where the structure projection down the [111] direction gives a near-perfect *Kagome* pattern.

2. The Optimum of Pairing Charge Carriers

Turning first to unconventional superconductivity of the high- T_c cuprates, an optimum number of holes resulted in the unique number $\sigma_0 = 0.229$. This number can also be confirmed for the family of FeAs-based superconductors [11]. Some time ago, the present author connected this optimum with *Hardy*'s quantum entanglement probability φ^5 [12] [13]

$$\sigma_0 = \frac{8}{\pi} \varphi^5 = 0.2296, \tag{1}$$

where $\varphi = (\sqrt{5-1})/2 = 0.6180339887...$ is the golden mean.

The interpretation of a fractal nature of electronic response in superconductors is consistent with generated d-wave fractal patterns in unconventional superconductors as a consequence of antiferromagnetism, documented by scanning tunneling microscopy [14] [15] [16].

The fractal-hierarchical structure of electrons entangled in pairs obviously determines this optimum near a quantum critical point that can be linked also with the universal fractal constant $\delta_1 = 8.7210972...$ of the renormalized quadratic *Hénon* map (remember the quadrilateral layer structure of the cuprates or the tetragonal respectively cubic crystal structures of the super-hydrides) [10] [13]

$$\sigma_0 \approx \frac{2}{\delta_1} = 0.2293. \tag{2}$$

Despite the differences in theory and experiment between conventional and unconventional superconductors we should search for similarities between them regarding the perfect tuning through the optimum numbers of charge carriers involved in their pairing. Turning to the super-hydrides formed by cages of hydrogen around large metal atoms like La. The usual oxidation state of lanthanum should be +3. However, also the oxidation states of +1 respectively +2 have been observed for La bound to hydrogen [17] or hydrocarbons [18]. The nominal oxidation state could actually be less than +3. If one tentatively selects the oxidation state of +2.29 instead of +3, one reaches numerical equality of the spend electrons to the optimum number of holes in the cuprate high- T_c superconductors, a number that reflects the fractal nature of electronic response in super-conductors. However, if one still keeps up the +3 oxidation state, σ_0 electrons per

hydrogen atoms can be adapted, when their number would be 13, because σ_0 can be represented as a quotient of the two *Fibonacci* numbers 3 and 13

$$\sigma_0 \approx 3/13 \tag{3}$$

Two phases of composition LaH_{10} and LaH_{16} have been experimentally confirmed [2]. One the boundary between both phases a nominal composition of about LaH_{13} may actually exist. A topotactic intergrowth of the (111) plane of cubic LaH_{10} or the (001) plane of rhombohedral LaH_{10} with the (001) plane of hexagonal LaH_{16} is likely, possibly connecting the two phases by a common 6-ring of hydrogen atoms. Also multiple twinning as frequently observed in zeolites can lead to the required composition. The *a*-axis lattice parameters for rhombohedral LaH_{10} and hexagonal LaH_{16} are nearly identical (3.66 Å compared to 3.68 Å [19]).

Semonov et al. [1] illustrated the critical temperature T_c versus the hydrogen atom number n(H) of lanthanum hydrides by a parabola. The maximum of the parabola yielded a composition of about LaH₁₁ (Figure 1). This is a step towards the composition of LaH₁₃ as the intended optimum.

The few experimental points can also be represented by an asymmetric *Gaussian* or *Cauchy* distribution function [20] with a smooth slope on the side of less hydrogen compared to the steeper slope on the hydrogen-rich side to shift the curve maximum towards the LaH_{12} or even LaH_{13} composition. From density arguments this is the more likely solution.

In **Figure 2** earlier results [10] that illustrate the dependence between the critical temperature and the mean cationic charge $\langle q_c \rangle$ for unconventional superconductors were completed with data points for the lanthanum super-hydrides respectively H₃S, showing the branch of *n*-type superconductors besides the *p*-type branch. The blue curve fits the $\sigma > \sigma_0$ branch of *n*-type superconductors according to the simple relation

$$T_c(K) \propto (447.8 \pm 16.7) \cdot e^{-\sigma}$$
, (4a)

or finer adjusted $T_c(K) \propto (553.8 \pm 18.3) / \left(e^{\sigma} + \frac{8}{7} \cdot \sigma\right).$ (4b)

If one calculates the average charge over all atoms, avoiding in the case of super-hydrides the terms cation or counterion, then for LaH₁₂ the mean charge would yield the optimum of $\sigma = \sigma_0 = 0.23$.

However, it remains open how pure hydrogen under very high pressure can be treated within this scheme. Molecular dissociation of H₂ near 500 GPa could lead to superconductivity around 356 K [21]. From Equation 4a an optimum transition temperature of $T_c \approx 356$ K for super-hydrides can be estimated matching well the predicted one for pure hydrogen.

The mean cationic charge $\langle q_c \rangle$ (in units of holes) of unconventional superconductors is limited to the asymptotic value of (see Figure 2)

$$< q_c >_{\text{asymp}} \approx \frac{13}{\delta_1}$$
 (5)



Figure 2. Mean cationic charge versus critical temperature of superconducting compounds. *p*: *p*-type branch, *n*: *n*-type branches having $\sigma < \sigma_0$ and $\sigma > \sigma_0$ (σ equivalent to $\langle q_c \rangle$). For more details see [10].

This may underline once again the fractal nature of unconventional superconductivity.

3. Dependence of the Critical Temperature on the Widths of Structural Slabs

The critical temperature of unconventional superconductors is obviously inversely proportional to the distance of copper atoms in the CuO₂ plaquette [11]. On the basis of this specification the present author argued in a previous publication [10] that room temperature superconductivity could be reached with a smart structure where the relevant atomic distances have been reduced by a factor of $\sqrt{2}$ compared to cuprates giving about 3.85 Å/ $\sqrt{2} \approx 2.72$ Å.

Indeed, the super-hydrides are such smart compounds. This can be verified with crystallographic data given by Kruglov *et al.* [19] respectively Semenok *et al.* [1].

In **Table 1** relevant atomic distances are presented for important structural slabs in super-hydrides of lanthanum, subjected to a pressure of 150 GPa. However, these distances are strongly pressure dependent.

If one focuses on such small slab distances, the smallest one is found for LaH_{10} with a very high expected critical temperature around 286 K. Only YH_{10} is reported to have higher T_c than LaH_{10} . This may be explained with the pronounced smaller ionic radius of Y^{3+} compared to La^{3+} and therefore an even

Phase	Space Group La	attice Parameters [Å]	Slab Width [Å]	Reference
LaH ₂	P6/mmm	<i>a</i> = 2.80 <i>c</i> = 2.72	2.80 2.72	[19]
LaH ₃	Cmcm	<i>a</i> = 2.74 <i>c</i> = 6.03	2.74	[19]
LaH_4	I4/mmm	a = 2.76 b = 10.69 c = 2.80	2.74 2.80	[19]
LaH ₁₀	$R\overline{3}m$	<i>a</i> = 3.66 <i>c</i> = 8.53	<i>c</i> /3 = 2.84	[19]
LaH_{10}	$Fm \overline{3} m$	<i>a</i> = 5.1019	2.551	[1]
LaH ₁₂	Fd3m	<i>a</i> = 6.64	$a/2 = 3.32$ $a \cdot \sqrt{2} / 4 = 2.35$	This work
LaH ₁₆	P6/mmm	<i>a</i> = 3.68 <i>c</i> = 3.70	3.68	[19]

Table 1. Lattice parameters respectively slab widths for lanthanum super-hydrides.

smaller slab width for YH₁₀. The effective ion radius of Y³⁺ under ambient conditions is $r(Y^{3+}) = 1.011$ Å [22] compared to $r(La^{3+}) = 1.15$ Å. The quotients of T_c values compared to the reciprocal of the corresponding radii yield similar values

$$T_{\rm c}({\rm YH}_{10})/T_{\rm c}({\rm LaH}_{10}) = 1.132; \ r({\rm La}^{3+})/r({\rm Y}^{3+}) = 1.137$$
 (6)

The change of ionic radii due to high hydrogen coordination is compensated by the use of their ratio. For comparison, the slab width for superconducting H3S in the Im $\overline{3}$ m space group (No 229), lattice parameter a = 2.9840 Å [6], is estimated to be $\sqrt{3} \cdot a/2 = 2.5842$ Å.

The proportionality of T_c can be recast in a very simple relation when considering structural slabs d besides the mean charge σ (supporting data see Addendum).

$$T_c(K) \propto 1030 \cdot e^{-\sigma} \cdot d^{-1}.$$
⁽⁷⁾

An analysis of the pre-factor with a dimension discussion will be given in a forthcoming paper, including the *Fermi* speed of the charge carriers, the permittivity of the compounds and the *Compton* wavelength. The relation (7) is displayed in **Figure 3**.

4. Expose Chemical Pressure to Reduce Hydrostatic One

Developments in future could be approaches to reduce the too high pressure by growing the clathrate super-hydride clysters on a suitable, but inert surface structure with lattice parameters slightly less than that of the clathrate itself to generate chemical pressure. The crystal structure of LaH₁₀ was reported to be cubic in the Fm $\overline{3}$ m space group with a lattice parameter of a = 5.1019(5) Å [2]. Alloys of Ta with Os as single crystals would deliver a substrate having the required lattice distances [23] but do also form hydrides under pressure. So it would be only by chance to find a suitable substrate material. However, why should not use diamond as an inert substrate? The ambient pressure lattice parameter of diamond



Figure 3. Plot of experimental critical temperatures of conventional superconductors versus calculated ones according to Equation (7).

is a = 3.56679 Å, giving for the [110] direction an atomic distance of $\sqrt{2} \cdot a = 5.0442$ Å. Then the task is to find a promising distance in a perpendicular direction. Travelling 2 identity periods in the a_2 direction and 5 ones in the a_3 direction, you find identity at 19.2078 Å= 4.4.8019 Å distance. When cutting a (110) diamond plate at an angle of 21.8°, you can make a promising substrate. The cut is parallel to the ($2\overline{2}5$) diamond lattice plan. Besides, assuming that a lower synthesis pressure is needed by epitaxial growth, one could work with a less elaborated pressure apparatus. The pressure dependence of the lattice parameter of diamond up to 40 GPa can be found in reference [24].

5. Partial Atomic Replacement

Besides this possibility the partial substitution of La³⁺ or Y³⁺ by the comparably large Ca²⁺ ion may be considered to study the effected trend. The ionic radius of eight-coordinated Y³⁺ seems to be the most promising with $r_{[8]} = 1.011$ Å [22]. A fortunate substitution can produce internally chemical pressure to reduce the applied external pressure. If one combines YH₁₀ and CaH₁₂ in equal atomic parts (no phase separation expected), then all possible combinations of the mean charge of q = 2.5 with the number n(H) of H atoms would shift the $\sigma = q/n(H)$ values towards the proposed optimum of σ_0 . The result could be a superconductor with a critical temperature fairly above room temperature synthesized by well reduced pressure.

Finally, one finds thallium with a question mark in reference [1]. However,

 Tl^{3+} (less toxic than Tl^{1+}) should be interesting too because of its similar ion radius and ionic charge compared to Y^{3+} , when the Tl^{3+} oxidation state is stable to hydrogen under high pressure. A gain in the superconducting response of the order of the ionic radii ratio of $r(Y^{3+})/r(Tl^{3+}) = 1.011/0.89 = 1.136$ may be suggested compared to YH_{10} .

The optimum charge per hydrogen may also be accomplished through the partial fluoride replacement or interstitial addition according to $LaH_{9,1}F_{0,9}$ or $LaH_{10}F_{0,7}$ that resulted for both cases in $\sigma = 0.23$. However, the high formation energy of LaF_3 will make such substitution unlikely.

6. Comparing Unconventional Superconductors with Conventional Ones

In view of the same cations that are liable to generate very high critical temperatures, a mutual stimulation of the research between unconventional superconductors and conventional ones could be thought of. Common of both compound classes are the same optimal number of electrons or holes and the inverse proportionality to structural slab widths respectively CuO_2 plaquette distances. The same optimal cationic charge and inverse proportionality to structural units such as CuO_2 plaquettes respectively slab widths are common for both substance classes. The occurrence of multiple twinning together with ferroelastic behavior, observed incuprates, may be suspected even with super-hydrides, despite their high symmetry [25]. Ferroelastic forces causing micro-domain or nano-domain formation can strongly influence electric conductivity and pathways for charge transport [25]. Electrons can be sucked towards the domain boundaries.

After all, there are promising cage structures in both classes, for instance the superconducting bucky ball compounds [26] besides the suggested antiferromagnetic cuprate super-cage with possibly induced carrier delocalization [27]. Let us continue with examples of cage structures, as a supplement to previously predicted or synthesized hydrogen clathrates. A faujasite-like LaH₁₂ or YH₁₂ clathrate structure, grown onto a suitable substrate, is considered to be near the possible optimum of electronic charge. The faujasite prototype consists of sodalite cages (truncated octahedra, [468]) distanced by sixfold double rings (polyeder notation $[4^{6}6^{2}]$), whereas the cages in LaH₁₀ are not "sodalite-like", but consist of [4⁶6¹²] polyhedra, where such truncated dodecahedra are further connected by four-membered double rings [19]. When relating the density to the number of hydrogen atoms of the cage structures for lanthanum super-hydrides as displayed in **Figure 4**, one can estimate $D_x = 6.84 \text{ g} \cdot \text{cm}^{-3}$ for an assumed composition of LaH₁₂. Then the cubic lattice parameter for an assumed face-centered faujasite-type LaH₁₂ super-hydride with space group Fd $\overline{3}$ m and Z = 4 formula units would yield

$$a = \sqrt[3]{\frac{Z \cdot M}{D_x \cdot N_L}} = 6.64 \text{ Å},$$
 (8)

where M is the molar weight and N_L is Loschmidt's constant. A general site with



Figure 4. Calculated density D_x (g·cm⁻³) versus number of hydrogen atoms *n*(H) for lanthanum super-hydrides. The relation was used to estimate the density of a possible LaH₁₂ compound (blue arrow).

multiplicity 92 would be occupied by hydrogen. Mean distances between hydrogen atoms were found to be 0.84 Å. However, if evaluating superconducting properties, this structure type may less fortunate than the LaH₁₀ one. When considering the number of available electrons per hydrogen together with the width of the structural slab of d = 3.32 Å, a possible critical temperature of about 260 K can be estimated. However, if choosing the smaller value of d = 2.35 Å, the critical temperature would yield about 340 K.

Another cage structure, the silicon clathrate $Ba_{7,2}Si_{46}$ [28], may be a candidate to try a fortunate substitution to check whether superconductivity could be reached, if one substitutes half of the Ba^{2+} by K^+ or Rb^+ to adapt the optimum of σ_0 . In addition, the present author recommends the synthesis of $La_{3.5}Si_{46}$ or $La_{4.6}C_{60}$.

Besides the great success with super-hydrides, experimental physicists should not lose sight of the further development of unconventional superconductors via routes proposed earlier [10], reinvestigating the effect of filamentary superconductivity up to 220 K observed in oriented multiphase Y-Ba-Cu-O thin films [29] [30] respectively onto CuO-Cu interfaces [31] [32]. Could gaseous impurities such as hydrogen be responsible for the effect?

7. On the Beauty of the [4⁶6¹²] Cage of LaH₁₀

If one deals with polyhedral structures, the symbol $[\Sigma p_i^{f_i}]$ is used, denoting a convex polyhedron with polygon multiplicities p_i of faces f_r . The number of edges e of the polyhedron counts as

$$\Sigma e = \frac{1}{2} \Sigma p_i^{f_i} \tag{9}$$

Applying Euler's topologic invariant for convex polyhedra [33],

$$\Sigma c + \Sigma f - \Sigma e = 2, \tag{10}$$

the number of corners c yields [27]

$$\Sigma c = \frac{1}{2} \Sigma p_i \cdot f_i - \Sigma f_i + 2.$$
⁽¹¹⁾

Using the polyhedron symbol $[4^{6}6^{12}]$ for LaH₁₀ one counts $\Sigma c = 32$ hydrogen atoms around the lanthanum ion. From number theory this beautiful cage with 32 corners is highly interesting due to the fact that the number 32 is near the *Fibonacci* number 33. With this assessment, this prototypic cubic cage could be considered as being near chaos. In case of the observed LaH_{10+x} variant [1], the extra hydrogen may distort the cage towards a more fractal network. Strikingly, if the crystal structure of LaH₁₀ is projected down the [111] direction, an almost perfect *Kagome* lattice is formed with a tiling distance of $a' = \sqrt{3} \cdot a/8 = 1.105$ Å (dominant H-H distance), where a = 5.1019 Å is the cubic lattice parameter.

The LaH₁₀ cage structure, optimized by few ionic replacements, is the recommended candidate to reach best superconducting properties, but YH₆ is interesting too because of lower synthesis pressure [34]. Whether the proposed LaH₁₂ structure could deliver higher T_c values depends on synthesis progress.

8. Conclusions

Large cations such as Ba²⁺ or La³⁺ play an important but different role in superconducting materials. Whereas the large Ba²⁺ in cuprates, for instance, is able to accumulate hole carriers in its vicinity [35], lanthanum ions spend optimum electrons for the pairing, and deliver suitable H-H distances when densely surrounded with hydrogen in a cagy structure. Thereby, the oxidation state of La may possibly be less than it is suggested by the usual valence of 3+. However, if one maintains the usual oxidation state, one needs 13 hydrogen atoms surrounding the cation to fulfill the assumed condition for optimal superconductivity, represented by the optimum number of electrons spend per hydrogen, $\sigma_0 \approx$ 3/13. A nominal composition of LaH₁₂ or even LaH₁₃ may be existent onto the phase boundary between the observed phases LaH₁₀ and LaH₁₆, respectively. The number σ_0 reflects excellently the fractal nature of the electronic response leading to superconductivity. Therefore, some ionic substitutions were recommended to reach optimum superconducting results by trying to synthesize not pure but more complex super-hydrides. Synthesis options were recommended such as $La_{0.5}Ca_{0.5}H_{10}$, $Y_{0.5}Ca_{0.5}H_{10}$ or $Y_{0.3}Na_{0.7}H_6$. In addition, a potential faujasite-type super-hydride structure of composition LaH₁₂ (YH₁₂) was proposed.

The difference in the critical temperature between LaH_{10} ($T_c = 286$ K) and YH_{10} ($T_c = 326$ K) was traced back to the inverse dependence of the superconductive response from widths of dominant structural slabs. Furthermore, epitaxial growth of the hydrogen clathrates of La (Y) onto a ($2\overline{2}5$) diamond sub-

strate is proposed to reduce the applied high pressure.

Last but not least, the potentially fractal nature of the phenomenon superconductivity, coined by the author [10] [13], has been documented by various hints.

Conflicts of Interest

The author declares no conflicts of interest regarding the publication of this paper.

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Addendum

1) It is believed that lanthanum (yttrium) strips off three electrons and can therefore be termed a cation regardless of whether the formed super-hydride is classified as metallic. From La-H distances of LaH₁₀, being about 2.12 Å respectively 2.21 Å, the radius of the highly coordinated lanthanum supports the picture of a "cation" with oxidation state 3+ and ionic radius $r_{[32]} = d(\text{La-H}) - 0.5 \cdot d(\text{H-H}) \approx 1.6 \text{\AA}$, while the covalent radius is already 2.07 Å.

2) There is a clear agreement as to denote zeolite cages or clathrate ones. Hydrogen clathrates of yttrium should serve as examples. The crystal structure of YH₃ is formed by cages of 14 hydrogen atoms around Y, showing a regular rhombododecahedron with the polyhedron notation $[4^{12}]$. In YH₆ one finds the cube-truncated octahedron as cage, a combination of the octahedron with the cube, assembling 24 hydrogen atoms, polyhedron notation $[4^{6}6^{8}]$. Only this cage is named after the mineral sodalite. Finally, in YH₁₀ the hydrogen cage is a cube-truncated rhombododecahedron, a combination of the rhombic dodecahedron with the cube, polyhedron notation $[4^{6}6^{12}]$. Therefore, you need not classify all cages as sodalite-like.

3) Supporting data for verifying Equation (7).

Commonad	Space Group	a (Å)	- (1)	d (Å)	σ –	<i>T</i> _c (K)		Def
Compound			c (Å)			exp	calc	- Ref.
Rb _{0.28} WO ₃	hexagonal	7.4	7.6	4.272	4.91	2.0	1.8	[1]
K _{0.3} ReO ₃		7.335	7.48	4.244	4.85	3.6	1.9	[2]
$K_{0.5}MoO_3$	tetragonal	12.36	3.86	3.86	4.33	4.2	3.5	[2]
$BaPb_{0.75}Bi_{0.25}O_3$	$Pm \overline{3}m$	4.303		4.303	3.0	19	17	[3]
$Ba_{0.6}K_{0.4}BiO_{3\text{-}\delta}$		4.293		4.293	3.0	29	17	[4]
$Sr_{0.86}Nd_{0.14}CuO_2$	P4/mmm	3.942	3.38	3.38	2.0	43	41	[5]
H ₃ S	$\operatorname{Im} \overline{3} m$	2.984		2.584	0.667	206	205	[6]
YH ₆ 150 GPa	$\operatorname{Im} \overline{3} m$	3.605		2.400	0.5	260	260	[7]
LaH ₁₀ 150 GPa	$Fm \overline{3}m$	5.102		2.551	0.3	286	299	[8]
YH ₁₀ 150 GPa		4.800		2.400	0.3	326	318	[7]
LaH ₁₂	$Fd \overline{3} m$	6.644		2.35	0.25	-	341	[*]

Table A. Information about conventional superconductors.

*This work.

References for Table A

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