Mineralogical and Chemical Characteristics of Clays Consumed in the District of Abidjan (Côte D’Ivoire)

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Received 22 September 2014; revised 20 October 2014; accepted 12 November 2014

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Abstract

Clay materials of the quarry of Bingerville (district of Abidjan) have been characterized by chemical analysis, X-rays diffraction, infrared spectroscopy and thermal analysis. These materials contain kaolinite (41% - 84%), illite (4% - 10%), quartz (14% - 27%), goethite (2% - 5%) and small amount of rutile (1%) that are not toxic minerals. They also contain some heavy metals which are beneficial to human biological activity (cobalt, copper, molybdenum, zinc) in tiny quantities. Some other heavy metals (lead, cadmium) which are considered as poisonous for human are present in very low content. The samples characterized by relatively fine grains are moderately crystallized. Their specific surface area varied from 26 to 43 m²·g⁻¹. The mineralogical and physicochemical characteristics of these samples are like ones known for their healing properties. The consumption by internal way of studied materials, although it may be beneficial, requires a sifting to remove coarse grains (ϕ > 2 µm) and a previous microbiological control.

Keywords

Mineralogy, Physicochemical Analysis, Kaolinite, Illite, Edibility

*Corresponding author.

1. Introduction

Clay materials are natural products widely used in various domains including construction, ceramics [1], paper [2], breeding [3], pharmaceuticals [4] [5], etc. These multiple uses of clays are due to their properties which are different according to their structure, mineralogical composition and origin.

 Particularly, in public health, the clay used as healing material must have fine grain size, high specific surface area, high specific heat, and high adsorption and absorption capacities, while its cooling rate or heat diffusiveness should be low. Clay should also be easy to handle, and give a pleasant sensation when applied directly onto the skin [6]-[8].

In terms of typology, three main groups of natural healing clays can be classified: swelling clay (smectite), illite and kaolinite clays and finally fibrous clays (palygorskite and sepiolite).

Recent investigations showed the antibacterial and bactericidal properties of some clay, based on experiments carried out by [9]-[13], showing the ability to kill a broad spectrum of pathogenic bacteria. One of these bacteria is *Mycobacterium ulcerans* which causes skin chronic disorder named *Buruli ulcer*, mostly endemic to central and western Africa. Treated with special clay of bentonite type, the skin lesions or wounds became gradually less acute due to skin tissue regeneration.

In Côte d’Ivoire, clays consumed (especially by pregnant women) for their healing properties, are traditionally prepared and marketed without prior mineralogical and microbiological tests. They are directly ingested or used externally through skin applications.

While this practice provides the consumers a certain well-being, it has drawbacks because these materials, which are generally heterogeneous, may present potential risks for human health, due to toxic minerals or soluble chemical species [14]. Therefore, a better knowledge of the mineralogy and the properties of these materials are critical to prevent risks related to this practice. The aim of the present work is to obtain a comprehensive picture of the mineralogical and chemical composition of samples that are commonly extracted and marketed in the surroundings of Abidjan (Côte d’Ivoire), in order to evaluate their possible negative impact on health.

2. Materials and Methods

2.1. Materials

The studied clay materials were sampled from the exploited quarry of Bingerville (district of Abidjan, Côte d’Ivoire), located in the Southeast of the sedimentary basin containing clay and sand formations [15]. These materials were taken according to their color, and subjected to the same heat treatment than the marketed materials commonly called “Lokpo”. This treatment involves heating and roaster of the samples for 3 to 5 days in an oven powered by firewood. This treatment confers the clay material an appetizing smell and taste.

For the present study, seven samples used were labeled as follows:

LBF: white Lokpo; LJPF: yellow Lokpo; LRF: red Lokpo; LVF: purple Lokpo; LMF: brown Lokpo; LJFF: dark-yellow Lokpo; LNF: black Lokpo.

The materials labeled LBF, LJPF, LRF, LVP and LMF are marketed as “edible”. Conversely, materials LJFF and LNF, probably because of their aspects (color, flavor) are not consumed. The latter were included in this study so as to know if there mineralogy and physicochemical properties are different from the first. For the different analyses the collected samples were dried at 40°C during 24 hours in a stove, and ground in a planetary grinder during 1 minute.

2.2. Analytical Methods

Chemical analysis was performed using a Jobin-Yvon 70P quantometer equipped with a plasma ICP-AES (Inductively Coupled Plasma—Atomic Emission Spectroscopy) for major elements and a Perkin Elmer Elan 5000 equipped with a plasma ICP-MS (Inductively Coupled Plasma-Mass Spectroscopy) for the trace elements. Prior to analysis, samples were mixed with lithium metaborate (LiBO₂) melted and then dissolved in nitric acid (HNO₃).

X-Ray diffraction patterns on powders and on oriented preparations were recorded using a D8 Advance Bruker diffractometer equipped with Co Kα radiation (λ = 1.7890 Å), operating at 35 kV and 45 mA. The diffraction patterns were obtained in a 2θ angle ranging from 3° to 64° at a scanning rate of 1° min⁻¹. Oriented
samples were prepared by extracting the fraction of less than 2 µm of the samples by sedimentation, centrifugation of the supernatant and spreading of the centrifugation pellet on a glass slide.

Infrared spectra in the range of wave numbers from 600 to 4000 cm\(^{-1}\) were obtained in the diffuse reflectance mode, using an Infrared Fourier transformer spectrometer Bruker IFS 55, equipped with a He-Ne laser and a MCT type detector (Mercury telluride and cadmium) broad band (6000 - 600 cm\(^{-1}\)) and high sensitivity. For analysis, the samples (70 mg) were diluted in KBr (370 mg) and manually ground.

Differential thermal analyses and thermogravimetric analyses were performed using a Setsy SETARAM 24 DTA/TGA equipment, according to a 5°C\(\cdot\)min\(^{-1}\) temperature increase from room temperature to 1200°C, under an argon flow.

The particle size distribution was determined using the laser diffraction analyzer Malvern Mastersizer MS 20 analyzing particle sizes between 0.1 and 600 µm with an accuracy of 1% of the median diameter.

The specific surface area was determined by applying the BET method to nitrogen gas adsorption isotherms at 77 K. The adsorption isotherms were recorded on an automatic home-made equipment along with a turbomolecular vacuum group ensuring a dynamic vacuum of 10\(^{-6}\) mbar, and a 0 - 1000 mbar Edwards pressure gauge. The gas used is nitrogen higher grade quality (purity > 99.995%) supplied by Alphagaz.

3. Results and Discussion

3.1. Mineralogical Composition of the Clay Samples

X-ray powder diagrams (Figure 1(a)) showed that samples were mainly composed of kaolinite (7.15 Å and 3.58 Å), illite (9.95 Å and 4.97 Å), goethite (4.15 Å) and quartz (4.25 Å and 3.34 Å). Except sample LJFF, which contained a strong proportion of goethite, the samples showed quite similar mineral composition, the variability of which will be quantified below. Figure 1(b) additionally showed that the fine (<2 µm) fraction is devoid of quartz and contains mainly kaolinite, and secondly illite and/or goethite.

In the 600 - 1200 cm\(^{-1}\) range of the infrared spectra (Figure 2(a)), the bands observed at 754 and 792 cm\(^{-1}\) are specific to clays from the kaolinite family and are assigned to OH bending toward the surface of the clay sheet [16] [17]. In all samples, additional bands less marked are observed at 831 and 876 cm\(^{-1}\). They are respectively characteristic of the deformation vibration of Al-OH-Fe and Fe-OH-Fe [18] following the substitution of aluminium by iron (structural iron) in the kaolinite structure. The bands observed at 914 and 935 cm\(^{-1}\) correspond to the libration of OH bonds in Al-OH groups. The first vibration is related to internal hydroxyls and the second one corresponds to hydroxyls on the surface. Finally, the bands observed at 1010, 1035 and 1110 cm\(^{-1}\) are assigned to the stretching vibrations of Si-O bonds.

In the 3000 - 3800 cm\(^{-1}\) domain (Figure 2(b)), the infrared spectra of the studied samples showed the four distinct bands characteristic for kaolinite, corresponding to the stretching vibrations of Al\(_2\)OH in kaolinite. The band at 3620 cm\(^{-1}\) which is very intensive in all samples, corresponds to the stretching vibration of hydroxyls of the median plane of the layer (also called internal hydroxyls) found in both 1:1 and 2:1 minerals. The three other bands respectively at 3653, 3666 and 3695 cm\(^{-1}\) correspond to the stretching vibrations of the hydroxyls located in the interlayer space (also called external hydroxyls). These ones appear only in 1:1 minerals and two forms can be distinguished [19] [20]. The band at 3653 cm\(^{-1}\) is due to an external hydroxyl forming an angle of 76° with the crystallographic axis c. Those at 3666 and 3695 cm\(^{-1}\) are due to the coupling of two external hydroxyls, respectively in phase and out of phase.

In addition, the infrared spectra display a band around 3596 cm\(^{-1}\), assigned to Al-OH-Fe stretching according to Delineau et al. [21].

Thermal analyses (Figure 3) confirmed the mineralogical composition of the studied samples. On the thermograms, the endothermic peak of low intensity was observed between 50°C and 90°C, along with a small mass depletion (0.5% to 1%), which correspond to the loss of water molecules adsorbed on mineral surface (hygroscopic water).

A significant endothermic phenomenon between 250°C and 300°C involving a small mass loss took place for samples LJFF and LJPF. This corresponds to the transformation of goethite to hematite by dehydroxylation [22].

In the range in of 500°C to 525°C, in correlation with temperatures reported by other authors [23]-[25], the thermograms showed an endothermic peak and a strong mass loss, attributed to the loss of structural hydroxyls from the octahedral sheet of the kaolinite [26] [27] upon formation of metakaolinite [28].
Figure 1. X-ray patterns of samples ($\lambda = 1.7889$ Å) (G = Goethite, I = Illite, K = Kaolinite, Q = Quartz); (a) On powders disorientated for the total rock; (b) By oriented deposits for the fine fraction.

Figure 2. Infrared spectra of samples.

The slight modulation observed between 560°C and 575°C without loss of mass is characteristic of the ($\alpha \leftrightarrow \beta$) quartz transition [29] [30]. This is confirmed by the presence of an exothermic peak on DTA cooling plot where the reverse action is observed with an exothermic peak at this temperature.

Finally, the exothermic peak toward 955°C indicated the transformation of metakaolinite into spinel [31]-[33].

3.2. Chemical Composition of the Samples

Chemical analysis reveals that, except LJFF, all samples (Table 1) have relatively similar chemical composition. The SiO$_2$ content range from 45.73% to 57.05%, those of Al$_2$O$_3$, from 25.22% to 34.41%, and trace amount of Fe$_2$O$_3$, TiO$_2$, Na$_2$O, K$_2$O and MgO are detected. The sample LJFF shows a high concentration of iron oxide (26.02%) and lower concentrations of silica (42.71%) and alumina (18.33%).
Figure 3. Thermograms of the studied clay samples.
The elements identified as trace (Table 2) represent the majority of heavy metals, lanthanides and actinides. Usually these trace metals are trapped into oxy hydroxides of Fe (III) or in the clay particles. They can be re-

### Table 1. Chemical content in major elements in weight percent (n.d. = not determined).

<table>
<thead>
<tr>
<th>Samples</th>
<th>Colour</th>
<th>SiO₂</th>
<th>Al₂O₃</th>
<th>Fe₂O₃</th>
<th>MnO</th>
<th>MgO</th>
<th>CaO</th>
<th>Na₂O</th>
<th>K₂O</th>
<th>TiO₂</th>
<th>P₂O₅</th>
<th>H₂O</th>
</tr>
</thead>
<tbody>
<tr>
<td>LBF</td>
<td>White</td>
<td>52.83</td>
<td>29.74</td>
<td>2.34</td>
<td>n.d.</td>
<td>0.29</td>
<td>n.d.</td>
<td>0.11</td>
<td>1.17</td>
<td>1.06</td>
<td>0.08</td>
<td>12.03</td>
</tr>
<tr>
<td>LRF</td>
<td>Red</td>
<td>51.06</td>
<td>30.18</td>
<td>4.48</td>
<td>0.00</td>
<td>0.22</td>
<td>n.d.</td>
<td>0.11</td>
<td>1.16</td>
<td>1.13</td>
<td>0.06</td>
<td>11.97</td>
</tr>
<tr>
<td>LMF</td>
<td>Brown</td>
<td>56.55</td>
<td>25.44</td>
<td>4.25</td>
<td>0.01</td>
<td>0.36</td>
<td>n.d.</td>
<td>0.08</td>
<td>1.01</td>
<td>1.10</td>
<td>0.08</td>
<td>11.46</td>
</tr>
<tr>
<td>LVF</td>
<td>Purple</td>
<td>45.73</td>
<td>34.41</td>
<td>4.92</td>
<td>n.d.</td>
<td>0.07</td>
<td>n.d.</td>
<td>0.06</td>
<td>0.57</td>
<td>1.12</td>
<td>0.09</td>
<td>13.12</td>
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<tr>
<td>LJPF</td>
<td>Yellow</td>
<td>55.33</td>
<td>27.81</td>
<td>3.97</td>
<td>0.00</td>
<td>0.24</td>
<td>n.d.</td>
<td>0.06</td>
<td>0.77</td>
<td>0.94</td>
<td>0.21</td>
<td>11.40</td>
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<tr>
<td>LNF</td>
<td>Black</td>
<td>57.05</td>
<td>25.22</td>
<td>2.23</td>
<td>0.01</td>
<td>0.37</td>
<td>n.d.</td>
<td>0.07</td>
<td>0.97</td>
<td>1.03</td>
<td>0.10</td>
<td>13.02</td>
</tr>
<tr>
<td>LJFF</td>
<td>Dark-yellow</td>
<td>42.71</td>
<td>18.33</td>
<td>26.02</td>
<td>n.d.</td>
<td>0.14</td>
<td>n.d.</td>
<td>0.05</td>
<td>0.63</td>
<td>0.87</td>
<td>0.12</td>
<td>11.69</td>
</tr>
</tbody>
</table>

### Table 2. Chemical composition of trace elements in ppm (n.d. = not determined).

| Samples | As  | Ba  | Be  | Bi  | Cd  | Ce  | Co  | Cr  | Cs  | Cu  | Dy  | Er  | Eu  | Ga  | Gd  | Ge  | Hf  | Ho  | In  | La  | Lu  | Mo  | Nb  |
|---------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| LBF     | 7.77| 313.80| 1.28| 0.35| 0.13| 120.40| 3.53| 163.10| 7.33| 19.34| 4.79| 3.56| 2.16| 34.59| 6.29| 2.04| 5.49| 0.83| n.d.| 50.75| 0.36| 1.073| 12.53|
| LRF     | 12.26| 299.30| 0.40| 0.15| 0.05| 53.07| 3.17| 160.00| 5.76| 12.97| 2.49| 1.95| 0.77| 37.13| 2.61| 1.89| 5.74| 0.49| n.d.| 31.88| 0.29| 1.21| 13.32|
| LMF     | 4.55| 21.10| 0.98| n.d.| 0.30| 30.42| 29.50| 94.58| 0.51| 83.51| 7.58| 2.52| 1.12| 1.76| 7.05| 1.76| 5.06| 1.57| n.d.| 11.93| 0.69| 0.38| 10.85|
| LVF     | 18.27| 159.40| 1.13| 0.48| 0.14| 90.75| 3.33| 173.70| 2.05| 7.45| 2.16| 2.24| 5.98| 34.83| 1.42| 0.28| 418.10| 2.38| 160.70| 5.10| 11.90| 8.09|
| LJPF    | 14.67| 283.90| 1.42| 0.28| 0.15| 418.10| 2.38| 160.70| 5.10| 11.90| 8.09| 1.50| 0.77| 37.13| 2.61| 1.89| 5.74| 0.49| n.d.| 31.88| 0.29| 1.21| 13.32|
| LNF     | 12.53| 291.70| 1.78| 0.33| 0.20| 132.50| 21.24| 149.60| 6.39| 19.24| 8.09| 2.38| 5.08| 26.87| 13.31| 2.32| 6.30| 1.16| n.d.| 185.60| 0.36| 0.58| 11.20|
| LJFF    | 10.75| 146.50| 1.22| 0.25| 0.12| 29.97| 3.09| 159.20| 3.86| 34.63| 2.33| 1.43| 0.63| 22.28| 2.25| 1.79| 4.64| 0.48| n.d.| 17.35| 0.26| 0.55| 10.78|

<table>
<thead>
<tr>
<th>Samples</th>
<th>Nd</th>
<th>Ni</th>
<th>Pb</th>
<th>Pr</th>
<th>Rb</th>
<th>Sb</th>
<th>Sm</th>
<th>Sn</th>
<th>Sr</th>
<th>Ta</th>
<th>Tb</th>
<th>Th</th>
<th>Tm</th>
<th>U</th>
<th>V</th>
<th>W</th>
<th>Y</th>
<th>Yb</th>
<th>Zn</th>
<th>Zr</th>
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<tbody>
<tr>
<td>LBF</td>
<td>49.81</td>
<td>22.52</td>
<td>17.98</td>
<td>13.46</td>
<td>62.08</td>
<td>0.59</td>
<td>9.29</td>
<td>2.79</td>
<td>88.88</td>
<td>1.14</td>
<td>0.91</td>
<td>9.22</td>
<td>0.33</td>
<td>1.85</td>
<td>103.1</td>
<td>1.73</td>
<td>20.00</td>
<td>2.22</td>
<td>33.98</td>
<td>196.6</td>
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<tr>
<td>LRF</td>
<td>18.80</td>
<td>23.19</td>
<td>18.91</td>
<td>5.53</td>
<td>56.74</td>
<td>0.62</td>
<td>3.24</td>
<td>2.90</td>
<td>71.36</td>
<td>1.19</td>
<td>0.41</td>
<td>9.88</td>
<td>0.24</td>
<td>1.95</td>
<td>108.8</td>
<td>1.94</td>
<td>13.63</td>
<td>1.72</td>
<td>37.1</td>
<td>207.2</td>
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<td>4.49</td>
<td>13.05</td>
<td>0.21</td>
<td>6.11</td>
<td>2.19</td>
<td>274.1</td>
<td>0.89</td>
<td>1.20</td>
<td>0.81</td>
<td>0.67</td>
<td>0.39</td>
<td>259.3</td>
<td>n.d.</td>
<td>44.02</td>
<td>4.39</td>
<td>91.68</td>
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<td>29.11</td>
<td>25.47</td>
<td>29.98</td>
<td>9.25</td>
<td>24.59</td>
<td>0.71</td>
<td>4.43</td>
<td>3.04</td>
<td>87.10</td>
<td>1.58</td>
<td>0.40</td>
<td>13.00</td>
<td>0.18</td>
<td>2.28</td>
<td>150.2</td>
<td>1.98</td>
<td>9.89</td>
<td>1.26</td>
<td>34.05</td>
<td>194.6</td>
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<td>LJPF</td>
<td>140.50</td>
<td>16.08</td>
<td>100.84</td>
<td>41.91</td>
<td>46.72</td>
<td>0.47</td>
<td>23.56</td>
<td>2.12</td>
<td>131.0</td>
<td>1.00</td>
<td>1.76</td>
<td>64.59</td>
<td>96.75</td>
<td>19.21</td>
<td>16.03</td>
<td>63.61</td>
<td>0.64</td>
<td>12.95</td>
<td>2.71</td>
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<tr>
<td>LNF</td>
<td>64.59</td>
<td>96.75</td>
<td>19.21</td>
<td>16.03</td>
<td>63.61</td>
<td>0.64</td>
<td>12.95</td>
<td>2.71</td>
<td>92.55</td>
<td>1.17</td>
<td>1.50</td>
<td>12.51</td>
<td>14.34</td>
<td>8.66</td>
<td>3.44</td>
<td>36.81</td>
<td>0.426</td>
<td>2.47</td>
<td>2.02</td>
<td>31.58</td>
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<td>LJFF</td>
<td>7.54</td>
<td>0.23</td>
<td>3.98</td>
<td>90.96</td>
<td>1.31</td>
<td>13.60</td>
<td>1.64</td>
<td>66.18</td>
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</tbody>
</table>
tained by sorption or coprecipitation. Samples contain some other heavy metals (cobalt, copper, molybdenum, zinc).

3.3. Quantitative Mineral Composition

Determination of the minerals in a complex sample (Table 3) can be estimated from qualitative mineralogical composition revealed by X-ray diffraction (Figure 1) and infrared spectroscopy (Figure 2), assuming an ideal composition of each of these minerals. For this purpose, the method developed by Njopwouo [34] and Yvon et al. [35] was carried out. This method consists in writing for every element \( a \) the following relation:

\[
Ta = \sum_{i=1}^{n} M_i \times P_i(a)
\]

\( Ta \): \( Ta \)% content in element “\( a \)” in the material;
\( M_i \): mineral content “\( i \)” in the material;
\( P_i(a) \): proportion of the element “\( a \)” in the mineral “\( i \)” (evaluated from the ideal formula).

The mineralogical composition was determined on the basis of following assumptions:
- The contents of illite, goethite and rutile are respectively determined from the percentage of chemical analysis of K2O, TiO2 and Fe2O3.
- Kaolinite is determined by the difference between the percentage of chemical analysis of Al2O3 and the proportion of Al2O3 corresponding to illite.
- In all samples, kaolinite is the main mineral with content varying from 41% to 84%. Samples contain significant amounts of quartz (14% - 27%), except Sample LVF (4.3%) in which kaolinite is great amount. Goethite is present in low concentrations (2% - 5%) for all samples except LJFF (26%). The high value for this sample is in agreement with the high amount in Fe2O3 obtained in the chemical analysis. All samples contain also illite (4% - 10%) associated with the rutile trace (1%).
- The different colors of samples of clay materials are generally due to the iron oxidation state they contain. The red and yellow colors observed for some samples imply the presence of iron oxidized form (Fe III). The high content of goethite in the sample LJFF justifies its dark yellow color. For sample LVF, purple color (mixture of blue and red) can be due to the coexistence of ferric and ferrous iron in its composition, because the latter is responsible for the blue color. These observations correlate with the study carried out on their iron speciation by Mössbauer spectroscopy [36]. The mineral content of sample LNF is almost identical to that of most other samples. Only its appearance can justify the fact that it is not consumed internally.

3.4. Crystallinity of the Minerals

The crystallinity of the samples was evaluated using data from the X-ray diffraction, differential thermal analysis and infrared spectra. The different parameters to assess the crystallinity are shown in Table 4.

<table>
<thead>
<tr>
<th>Mineral</th>
<th>Rutile</th>
<th>Goethite</th>
<th>Illite</th>
<th>Kaolinite</th>
<th>Quartz</th>
<th>TOTAL</th>
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<td>LBF</td>
<td>1.06</td>
<td>2.34</td>
<td>9.73</td>
<td>66.79</td>
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<tr>
<td>LJPF</td>
<td>1.0</td>
<td>3.97</td>
<td>6.44</td>
<td>65.02</td>
<td>21.87</td>
<td>98.3</td>
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<td>4.48</td>
<td>9.66</td>
<td>67.98</td>
<td>14.77</td>
<td>98.02</td>
</tr>
<tr>
<td>LVF</td>
<td>1.12</td>
<td>4.92</td>
<td>4.74</td>
<td>83.61</td>
<td>4.3</td>
<td>98.69</td>
</tr>
<tr>
<td>LMF</td>
<td>1.10</td>
<td>4.25</td>
<td>8.38</td>
<td>57.06</td>
<td>25.96</td>
<td>96.75</td>
</tr>
<tr>
<td>LJFF</td>
<td>1.0</td>
<td>26.02</td>
<td>5.28</td>
<td>41.86</td>
<td>20.67</td>
<td>94.83</td>
</tr>
<tr>
<td>LNF</td>
<td>1.03</td>
<td>2.23</td>
<td>8.11</td>
<td>56.77</td>
<td>26.71</td>
<td>94.85</td>
</tr>
</tbody>
</table>
Table 4. Crystallinity parameters.

<table>
<thead>
<tr>
<th>Samples</th>
<th>L</th>
<th>R2</th>
<th>Ic</th>
<th>T_{endo} (°C)</th>
<th>S.R</th>
<th>P1</th>
<th>P2</th>
</tr>
</thead>
<tbody>
<tr>
<td>LBF</td>
<td>39</td>
<td>0.92</td>
<td>1.32</td>
<td>521</td>
<td>2.21</td>
<td>$-3.2 \times 10^{-3}$</td>
<td>0.95</td>
</tr>
<tr>
<td>LJPF</td>
<td>43</td>
<td>0.99</td>
<td>0.97</td>
<td>509</td>
<td>2.33</td>
<td>$-5.7 \times 10^{-3}$</td>
<td>0.92</td>
</tr>
<tr>
<td>LRF</td>
<td>32</td>
<td>0.96</td>
<td>1.00</td>
<td>524</td>
<td>1.72</td>
<td>$-4.5 \times 10^{-3}$</td>
<td>0.96</td>
</tr>
<tr>
<td>LVF</td>
<td>35</td>
<td>0.84</td>
<td>0.61</td>
<td>525</td>
<td>2.29</td>
<td>$-3.4 \times 10^{-3}$</td>
<td>0.96</td>
</tr>
<tr>
<td>LMF</td>
<td>39</td>
<td>0.98</td>
<td>0.99</td>
<td>507</td>
<td>2.33</td>
<td>$-5.1 \times 10^{-3}$</td>
<td>0.94</td>
</tr>
<tr>
<td>LJFF</td>
<td>28</td>
<td>0.96</td>
<td>1.00</td>
<td>515</td>
<td>2.31</td>
<td>$-5.5 \times 10^{-3}$</td>
<td>0.73</td>
</tr>
<tr>
<td>LNF</td>
<td>35</td>
<td>1.06</td>
<td>1.13</td>
<td>517</td>
<td>1.97</td>
<td>$-4.5 \times 10^{-3}$</td>
<td>0.94</td>
</tr>
</tbody>
</table>

0.84 to 1.06 and the index of Hinkley (Ic) [38], from 0.61 to 1.32.

These parameters calculated from the diffraction patterns indicated that the samples were moderately crystallized. Indeed, the well-crystallized kaolinites were characterized by a large number of layers ($L \approx 75$ layers), low crystallinity and Hinkley indices.

The lower crystallinity of samples is also demonstrated by the temperature (Tendo) and the slope ratio (S.R), reflecting the asymmetry of the peak of dehydroxylation on the thermograms. The well-ordered kaolinite is characterized by a dehydroxylation temperature higher than 575°C [39] and a low slope ratio, around the unity [20].

The dehydroxylation temperature and the slope ratio determined for the samples analysed are respectively in the average 515°C and 2.15.

Stretching bands of vibration of the hydroxyl groups (domain 3500 - 3700 cm$^{-1}$) are also sensitive to the crystallinity of the kaolinite. When this mineral is well crystallized, the four bands are very distinct. On the other side, the two intermediate bands (3653 cm$^{-1}$ and 3666 cm$^{-1}$) are summarized in a broad band [40] as it is more or less the case in the infrared spectra.

Indices P1 and P2 respectively calculated from bending modes (938 and 915 cm$^{-1}$) and stretching modes (3655 and 3672 cm$^{-1}$) of the hydroxyl groups also showed that the samples are moderately crystallized. The values are negative for P1 while those of P2 are less than one. A well crystallized kaolinite is characterized by a positive value of P1 with a P2 value closer to the unity [20].

3.5. Particle Size Distribution and Texture of the Samples

The particle size distribution curves (Figure 4) showed a magnitude in the order of meshes corresponding to 90%, 75%, 50% and 10% of the passing through particles respectively noted $d_{90}$, $d_{35}$, $d_{50}$ and $d_{10}$ (Table 5). The samples are characterized by relatively sharpness of grains, 90% of the passing through particles have an average diameter less than 24 microns and 50% have an average diameter less than 8 microns.

The analysis of the figure and the table shows that the samples LRF and LBF are those containing the fine particles while LJPF and LVF contain less. Generally, samples LRF and LBF are the most consumed, the sharpness of their grains could involve a high absorption capacity.

The specific surface area values obtained for the samples are generally between 35 and 43 m$^2$·g$^{-1}$ (Table 6) and slightly higher than the values generally observed (10 to 30 m$^2$·g$^{-1}$) for a kaolinite [41] [42].

These values are related in part to the presence of goethite observed by X-ray diffraction [29] [30] [42] [43]. The low value of specific surface area (26.8 m$^2$·g$^{-1}$) for the sample LVF is explained by its low rate of fine grains. The specific surface areas observed are large therefore these samples have a high adsorption capacity. They can be used in the medical purposes. Indeed, the clays used in protecting the intestinal mucosa or in the pharmaceutical industry must have a large specific surface and high absorption capacity [4].

3.6. Evaluation of the Edibility of the Clays

The edibility of clays on the basis of their healing properties is based among other things, on their protective action and their ability to inhibit the aggressive action of pathogens that cause dysfunctionning of the gastrointestinal mucosa.
Table 5. Value of $d_{90}$, $d_{75}$, $d_{50}$ and $d_{10}$.

<table>
<thead>
<tr>
<th>Particle size (µm)</th>
<th>LBF</th>
<th>LJPF</th>
<th>LRF</th>
<th>LVF</th>
<th>LMF</th>
<th>LJFF</th>
<th>LNF</th>
</tr>
</thead>
<tbody>
<tr>
<td>$d_{90}$</td>
<td>23.45</td>
<td>14.74</td>
<td>13.32</td>
<td>17.72</td>
<td>20.85</td>
<td>14.09</td>
<td>19.83</td>
</tr>
<tr>
<td>$d_{75}$</td>
<td>11</td>
<td>8.5</td>
<td>7.5</td>
<td>11.6</td>
<td>11.6</td>
<td>8.5</td>
<td>11.6</td>
</tr>
<tr>
<td>$d_{50}$</td>
<td>4.5</td>
<td>5.7</td>
<td>4.46</td>
<td>7.69</td>
<td>5.12</td>
<td>5.08</td>
<td>5.04</td>
</tr>
<tr>
<td>$d_{25}$</td>
<td>1.75</td>
<td>3.25</td>
<td>2.25</td>
<td>4</td>
<td>2</td>
<td>2.25</td>
<td>2.4</td>
</tr>
<tr>
<td>$d_{10}$</td>
<td>0.83</td>
<td>1.35</td>
<td>1.13</td>
<td>1.94</td>
<td>0.93</td>
<td>1.15</td>
<td>1.18</td>
</tr>
</tbody>
</table>

Table 6. Specific surface area ($S_{BET}$ (m²·g⁻¹)).

<table>
<thead>
<tr>
<th></th>
<th>LBF</th>
<th>LJPF</th>
<th>LRF</th>
<th>LVF</th>
<th>LMF</th>
<th>LJFF</th>
<th>LNF</th>
</tr>
</thead>
<tbody>
<tr>
<td>$S_{BET}$ (m²·g⁻¹)</td>
<td>35.7</td>
<td>35.8</td>
<td>35.05</td>
<td>26.8</td>
<td>39.8</td>
<td>43</td>
<td>35.6</td>
</tr>
<tr>
<td>Fe₂O₃ (%)</td>
<td>2.34</td>
<td>3.97</td>
<td>4.48</td>
<td>4.92</td>
<td>4.25</td>
<td>26.02</td>
<td>2.23</td>
</tr>
</tbody>
</table>

Two modes of action govern these benefits. First, the adsorption of the “aggressors” or their toxic secretions, and also the change of the thickness and rheological properties of the mucus, reinforcing the natural defense of the gastrointestinal mucosa [8].

The clays of the Bingerville quarry, made up of kaolinite and illite as clay minerals and other minerals including goethite, rutile and quartz, are characterized by relatively fine grain size, high specific area and thermal stability. These characteristics have already been described as suitable for healing properties therefore, their edibility [6] [7]. Indeed, all minerals constituting the clay materials are not toxic and have healing properties. Kaolinite, the main mineral is one of the most consumed clays [44]. It is used as an excipient in pharmaceutical preparations [45].
The relatively high specific surface areas (26 - 43 m²·g⁻¹) should give to these clays a good adsorption capacity. They may be used in the treatment of certain poisonings by trapping toxins [46], pesticides [47], microorganisms [48], gas [8], and food allergy [49], thus limiting their actions.

The fineness of the clay particles should give good reactivity notably strong bioadhesive properties. They can exert a stabilizing effect on the mucosal barrier, providing protection against different “aggressors” of the gastrointestinal mucosa [8].

Chemical analysis shows that samples contain numerous mineral elements including alkaline, alkaline earth metals, transition metals, lanthanides and actinides. Some of them (Cu, Al) being important for biological activity when taken up in low quantities and toxic in high dose. Others elements, such as lead, cadmium, arsenic... are toxic. However, their low level in these materials, do not induce serious dangers related to their consumption.

Radioactivity measurements performed on these clay materials [14] have shown that hazards pertaining to radionuclides are negligible.

4. Conclusion

Chemical analyses showed that the samples contain many elements as alkalis, heavy metal etc.; some of them are important for biological activity. Mineralogical analysis show that samples consist mainly of kaolinite, illite associated with impurities as quartz, goethite and rutile. No toxic mineral such as fibrous clay was found in the samples investigated. Samples are rich in fine-grain. The specific surface areas observed (26 - 43 m²·g⁻¹) are large enough therefore these samples have a high adsorption capacity. They can be used in the treatment of certain poisonings like diarrhea. Besides the microbiological survey to be carried out, it is necessary to sift before all internal use in order to extract possible coarse particles including quartz grains.

Acknowledgements

This study was carried out in the “Laboratoire Interdisciplinaire des Environnements Continentaux” of Nancy (France). We are therefore grateful to all members of this laboratory for their contribution.

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