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This journal invites original research and review papers that address the following issues in physical education. Topics of interest include, but are not limited to:

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- Biomechanics
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- Health education
- History of kinesiology
- History of physical education
- Human anatomy
- Human physiology
- Indoor and outdoor sports
- Motor control
- Motor development
- Motor learning
- National traditional sports
- PE learning outcomes
- PE pedagogy
- PE teachers career
- PE teachers working lives
- Philosophy of physical education, dance, sport and kinesiology
- Physical activity
- Sports health care
- Sports humanistic sociology
- Sports psychology
- Sports science
- Sports statistics
- Sports training study

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