The Global HIV Archive: Facilitating the Transition from Science to Practice of Efficacious HIV Prevention Interventions*

Josefina J. Card, Emily N. Newman, Rachel E. Golden, Tamara Kuhn, Carmela Lomonaco

Sociometrics Corporation, Los Altos, USA.
Email: jjcard@socio.com

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ABSTRACT

This paper describes the development, content, and capabilities of the online Global HIV Archive (GHA). With the goal of facilitating widespread adaptation and appropriate use of efficacious HIV prevention programs throughout the globe, GHA has: 1) expanded and updated the search for HIV prevention programs originating in low-resource countries; 2) identified those meritorious HIV prevention programs meeting established efficacy criteria of technical merit, replicability, and positive outcomes; 3) prepared both implementation and evaluation materials from the efficacious programs for public use; 4) developed interactive wizards or capacity-building tools to facilitate appropriate program selection, implementation, and adaptation; 5) made the efficacious programs and accompanying wizards available to health practitioners throughout the globe in both printed and online formats.

Keywords: HIV; Evidence-Based; Intervention; Prevention; Dissemination; International

1. Introduction

Despite promising developments in worldwide efforts to address HIV/AIDS, the number of people living with HIV continues to grow. According to the most recent UNAIDS Report on the Global AIDS Epidemic, between 2001 and 2011, the number of people living with HIV globally rose from 29.4 to 34 million. In 2011, an estimated 2.5 million adults and children were newly infected. More than 95% of people living with HIV/AIDS reside in the middle- and low-resource regions of the world. Sub-Saharan Africa, in particular, is home to more than two-thirds (69%) of all infected adults and children. The majority of infections worldwide are transmitted heterosexually. In many regions, a significant proportion of infections occur among sex workers, men who have sex with men, and injection drug users [1]. Lack of access to quality HIV prevention programs for at-risk and vulnerable populations varies widely and contributes to the continuance of the epidemic in low-resource countries [2]. With twelve (12) new HIV infections for every six (6) individuals beginning an antiretroviral medication regimen that potentially prolongs life and prevents transmission, access to proven HIV prevention remains a pressing issue [3].

1.1. Efficacious Behavioral Prevention Interventions Originating in Low-Resource Countries

A large body of research has established the efficacy of behavioral interventions in changing individuals’ risky sexual or injection-related behavior in the United States (US) [4-7]. Programs have been shown to change such behaviors among heterosexual adults [8-12]; men who have sex with men [13-16]; injection drug users [17,18]; young people [19]; and other high-risk populations [20-23]. Overall, the efficacious US-based intervention programs are theory-driven and culturally tailored and emphasize development of cognitive, social, and technical competencies associated with reducing risk [5,21,24-27].

For many years, the dissemination of intervention information was limited to evaluation reports, literature reviews, or meta-analyses in journal articles and book chapters, sources not typically read by prevention practitioners [28,29]. However, recent advances in HIV prevention technology transfer—a process by which efficacious interventions are identified by researchers, translated for practitioner audiences, disseminated, and re-implemented [30-32]—are beginning to bridge the gap between research and practice [31,33]. The Centers for Disease...
Control and Prevention (CDC) has established Replicating Effective Programs (REP), a collection of replication kits for theory-based interventions with demonstrated efficacy in reducing HIV risk behaviors in the US [32,34]. CDC also provides training and technical assistance to support the implementation of evidence-based programs through the Diffusion of Effective Behavioral Interventions (DEBI) project [25,35,36]. Additionally, California-based Sociometrics Corporation, with funding from the US National Institutes of Health, has established the HIV/AIDS Prevention Program Archive (HAPPA) and the Program Archive on Sexuality, Health and Adolescence (PASHA). HAPPA and PASHA contain collections of several dozen program packages that include everything needed to replicate programs that have demonstrated efficacy in preventing HIV or its risk-related behaviors among adults and youth in the US. They have facilitated access by health practitioners to efficacious programs and encouraged implementation and evaluation of those programs at new sites [30,37,38]. As a result of the successful dissemination by Sociometrics, national scale-up efforts by CDC, and other efforts, the efficacious HIV prevention programs in HAPPA and PASHA are now being used in hundreds of sites around the US.

No similar resources to date have been created for health practitioners in the low-resource regions of the world, where the need for efficacious behavioral interventions is even greater. Indeed, efforts to synthesize information about HIV prevention programs that have been implemented and evaluated in low-resource country settings have only recently begun. Nonetheless, several reviews have identified programs that have shown positive results in reducing behavioral risks for HIV among youth [39-41] and adults [42-45]. Kirby and colleagues [40], for example, conducted a review focused on sex and HIV education programs for youth in both high- and low-resource countries that were based on written curricula and were implemented among groups in school, clinic, or community settings. The review identified 83 evaluations of curricula-based interventions for groups of youth, 18 of which were from low-resource countries. Likewise, Alford and colleagues [39] examined nearly 200 youth-focused programs in low-resource countries and identified 10 with evaluations that showed significant impact on sexual risk behaviors and sexual health outcomes.

Existing reviews also highlight some of the difficulties that health practitioners in low-resource countries face in identifying behavioral intervention programs and determining which of those might be efficacious for their populations and contexts. The initial aim of the CDC Prevention Research Synthesis (PRS) project, for example, was to analyze and synthesize the efficacy of US-based studies of HIV behavioral, social and policy interventions. In 1997, CDC expanded the scope of the PRS project to include studies conducted outside of the US. In a report summarizing PRS efforts to identify non-US-based studies, Eke and colleagues [42] noted that descriptions of HIV behavioral prevention studies in low-resource countries were not easily accessible through standard search strategies. Of the 1350 non-US-based studies ultimately reviewed by the PRS project, only 50 described behavioral interventions, of which 18 met the relevance and rigor criteria set by PRS. Likewise, a study conducted by Bollinger and colleagues [43] examined how HIV/AIDS prevention interventions in low-resource countries lead to behavioral change and how behavioral change leads to reductions in HIV prevalence. They conducted a systematic literature review of HIV/AIDS prevention interventions in low-resource countries and identified 186 studies that met their minimum criteria for study design and thus could be used to draw conclusions about the efficacy of the interventions. They noted, however, that the studies as a group suffered from methodological inadequacies including lack of or an inadequate control group, limited follow-up, high attrition, self-reported data, nonrandom allocation of study subjects, and lack of internal validity.

The considerable efforts in the US to identify efficacious HIV behavioral intervention programs, archive their materials, and make those materials available in readily usable formats to health practitioners provide a model for what could and should now be done for low-resource countries. The aforementioned reviews have collectively identified a group of studies that describe interventions with positive results in low-resource countries. They served as the starting point for the innovative resource forming the focus of the present paper, the Global HIV Archive (GHA). Funded by the US National Institute of Mental Health, GHA is: 1) expanding and updating the search for HIV prevention programs that have been implemented and evaluated in low-resource countries; 2) identifying those that meet established efficacy criteria; 3) archiving their materials for public use; and 4) making the materials available to health practitioners throughout the globe in both printed and online formats.

1.2. Tools to Support Appropriate Program Implementation

Behavioral HIV prevention translation research in the US, which focuses on development and validation of behavioral prevention programs in researcher-controlled conditions, has had many successes [46]. In particular, as indicated above, a number of prevention interventions for different target audiences in the US have shown positive
effects in controlled efficacy trials. Translation research that addresses the efficacy and dissemination of those programs in practitioner-controlled “real world” settings in the US has been less prevalent or successful.

Practitioners and researchers have long recognized the importance of ensuring that programs address the cultural backgrounds and developmental levels of their target populations, as well as their agency and community contexts [47,48]. But US practitioners often experience difficulty determining how to adapt empirically-validated programs for their contexts [28,49]. The questions of when, what, and how to adapt are increasingly being addressed in the literature on HIV prevention and related fields [50-59]. There is general consensus that adaptation should maintain fidelity to the program’s core components—defined as “those features in the intent and design of an intervention that are responsible for the efficacy of the intervention” [28, p. 90] while permitting flexibility to tailor non-core elements to new contexts. Methods for identifying core components have been proposed, but science-based, practitioner-focused tools to help practitioners apply the concepts of fidelity and flexibility to their work are lacking [49,57]. Modifications are made to adapt, alter or delete program content, scope and/or delivery method to accommodate for real-world circumstances (time constraints, varying population or setting needs or unavailability of organizational resources) and many are done without guidance for how these changes affect fidelity, core elements and desired outcomes [27, 60].

The lack of tools for practitioners in low-resource countries is an even greater issue. Once demonstrated efficacious behavioral intervention programs become available to health practitioners in low-resource countries, there is a considerable need for a program adaptation tool that will build their capacity to tailor the programs to diverse contexts. Without such a tool to guide them, practitioners may make changes to the core components that will limit the efficacy of their adaptations, or even have an undesired effect on target population behaviors. GHA addresses this gap by developing two versions of a Program Adaptation Toolkit: a customized version accompanying each GHA program package (developed in collaboration with the original program developer), as well as a stand-alone version for use with efficacious programs acquired elsewhere, such as from the original developer, from a federal agency, or from a commercial publisher. The GHA Program Adaptation Toolkit builds the user’s capacity to adapt an empirically-validated program for the local context and target population.

When a number of empirically-validated behavioral intervention programs become known by health practi-
ster widespread dissemination of appropriate empirically-validated interventions to new, practitioner-controlled service delivery sites.

In response to these needs, GHA has developed a set of tools and interactive smartphone and online wizards to support selection, implementation, and adaptation of efficacious HIV prevention interventions.

2. Methods

HAPPA and PASHA, the two successful collections of efficacious, US-based HIV and pregnancy prevention programs at Sociometrics, have used a systematic process to identify, review, and select programs for inclusion in the collections. The process ensures that: 1) each collection only includes efficacious programs proven by scientific methods to produce positive result(s) in HIV-related outcomes; and 2) selected programs will be replicable in other settings and contexts. The GHA adapted this successful protocol in pulling together its collection of efficacious global HIV prevention programs. Figure 1 provides an outline of this process.

Step 1: Establishment of scientist expert panel

A select group of HIV prevention researchers with experience working in low-resource countries formed the GHA Scientist Expert Panel, tasked to review and select programs for inclusion in the collection. During the first round of program selections, in 2008, the panel members were: Dr. Don Des Jarlais (Beth Israel Medical Center, US); Dr. Seth Kalichman (University of Connecticut, US); Dr. Donald Morisky (University of California, Los Angeles, US); Dr. Susan Pick (Instituto Mexicano de Investigación de Familia y Población, Mexico); Dr. Quarraisha Abdool Karim (Columbia University, US); and Dr. Carlos Cáceres (Cayetano Heredia Peruvian University, Peru). A second selection round was conducted in 2010. Drs. Kalichman, Pick, and Abdool Karim stepped down from the panel this second round and were replaced by Dr. Jesse Mbwambo (Muhimbili University College of Health Sciences, Tanzania) and Dr. Suniti Solomon (Y.R. Gaitonde Center for AIDS Research and Education, India).

Step 2: Delineation of criteria for program efficacy

The selection criteria created for HAPPA, our archive of domestic HIV/AIDS prevention programs, served as a starting point for the development of the GHA’s selection criteria. We revised the HAPPA selection criteria to reflect the unique challenges of implementing and evaluating programs in low-resource countries. Thus, the final selection criteria included less stringent follow-up time period requirements (3 months for the GHA, versus 6 months for HAPPA) while still meeting strict evaluation standards. Table 1 gives the GHA program selection criteria which were reviewed and approved by the Scientist Expert Panel at the outset of the project.

Step 3: Identification of candidate programs

To identify candidate programs for the GHA, we conducted extensive searches of relevant English language scientific literature, contacted international funding agencies and development organizations, and requested input from the Scientist Expert Panel. Specialized search strategies were also utilized, including the review of final reports to funding agencies, searches of international databases such as EMBASE (European medical citations), and the review of an international register compiled by the Cochrane Collaborative Review Group.

Step 4: Preparation of briefing materials on candidate programs

To facilitate the Expert Panel’s review process, we then created briefing documents for each candidate program meeting the criteria in Table 1. These briefing documents provided a 4 - 6 page summary of the intervention (e.g., theoretical foundation, history, target population, content, and procedures) and the evaluation methods and findings. Expert Panel members were also provided with a copy of the scientific paper(s) or report(s) on which the summary was based.
Table 1. Global HIV archive selection criteria.

1. **Technical Merit**: Scientifically rigorous evaluation with appropriate design and methods; comparison or control group; and follow-up assessment that occurred a minimum of three months after the end of the intervention.
2. **Replicability**: The ability of the program content to be widely disseminated across populations and settings.
3. **Positive Outcomes**: Demonstrated positive impact on one or more of the following HIV-related behaviors and/or HIV infection rates for one or more subgroups of persons:

**Sexual Risk Behaviors**
- Postponement of sexual intercourse
- Decreased frequency of sexual intercourse
- Decreased number of sexual partners
- Decreased frequency of sexual intercourse with partners who engage in high-risk behaviors (e.g., injection drug use, commercial sex work, male-male sex)
- Decreased number of HIV-risk sexual partners (e.g., injection drug users, commercial sex workers, gay and bisexual men)
- Increased use of effective HIV/AIDS prophylactics at first sexual contact
- Increased use of effective HIV/AIDS prophylactics at first sexual contact
- Increased consistent use of effective HIV/AIDS prophylactic methods at most recent sexual contact
- Substitution of lower-risk for higher-risk sexual behaviors
- Increased performance of other sex-related HIV/AIDS prevention behaviors (e.g., increased condom carrying)
- For HIV+ individuals, decreased sexual behaviors with HIV-or unknown HIV status partners

**Drug Injection Risk Behaviors**
- Abstinence from injection drug use
- Reduced frequency of injection drug use
- Increased seeking of drug abuse treatment
- Reduced sharing of drug injection equipment
- Reduced syringe-mediated drug sharing
- Reduced re-use of needles
- Increased use of sterile needles
- Increased disinfecting of needles
- Increased use of sterile water

**Pre-and Perinatal Transmission Risk Behaviors**
- Increased contraceptive use among HIV+ females
- Decreased pregnancy among HIV+ females
- Decreased births among HIV+ females
- Decreased births of HIV+ newborns

**Antiretroviral Therapy (ART) adherence (Among HIV+ Persons)**
- Increased ART adherence

**STI/HIV Infection Rates**
- Decreased STI/HIV infection rates

**Viral Load (Among HIV+ Persons)**
- Decreased viral load

Step 5: Selection of promising programs by scientist expert panel

Expert Panel members reviewed each candidate program’s briefing document to decide on a priority score for the program’s inclusion in the archive. Inclusion priority scores were allowed to range from 1 (low) to 10 (high). Panelists were instructed that scores ranging from 1 - 6 would indicate insufficient evidence of program efficacy and would be interpreted as “do not include in GHA”. In contrast, scores from 7 - 10 would indicate that the program had a satisfactory level evidence of efficacy and should thus be included in the GHA. Programs assigned a panel mean score \( \geq 6.5 \) and median score \( \geq 7 \) comprised the final set of programs selected for inclusion in the archive.

Step 6: Acquisition of selected programs

If a program passed the above Expert Panel selection process, we contacted the developer(s) and/or implementing(s) of the programs to obtain permission to include the program in the archive and to acquire the program’s implementation and evaluation materials for public distribution by the GHA.

Step 7: Preparation of GHA program packages

We then packaged the program’s implementation and evaluation materials in a user-friendly way to facilitate the program’s “turn-key” implementation and cost-effective replication in a new setting. Augmenting the provided information when helpful, in collaboration with the original developer. The resultant GHA “program package” or “replication kit” contains a complete set of implementation materials such as facilitator manuals, workbooks, handouts/worksheets and media resources such as videos or PowerPoint presentations. All GHA program packages contain a Customized Adaptation Handbook, a step-by-step guide to making adaptations to the program when resources, populations, settings and other contextual factors differ from the original program. GHA program packages also contain two program evaluation resources: 1) the original evaluation questionnaire(s) used to assess the program’s efficacy; and 2) a generic Evaluation Resource Guide containing questionnaires, with strong psychometric properties, applicable to evaluating international HIV/AIDS programs’ efficacy.

Program materials, if obtained in a language other than English, were translated into the English language by a professional translator. All GHA program packages are available in English; if program materials were provided to GHA in another language, the original-language materials are also available as a supplement to the complete program package.

Due to the GHA’s international target audience, replication kits may be downloaded from the GHA website, with file sizes decreased or limited at every opportunity to prevent lengthy download times for those connecting through low bit rate internet connections. GHA programs may be obtained electronically through cost-effective subscriptions and licenses allowing organizations to access and use more than one program at a time. Technical assistance is provided from Sociometrics with the pur-
chase of any GHA program or subscription license. Comprehensive training either online, asynchronous, or face-to-face is also available for organizations needing additional implementation preparation.

Step 8: Review of GHA program packages by the original developer(s)

To ensure that we remained faithful to the original program through our interpretation and editing of program documents, the original program developers were asked to review the final GHA program package prior to announcement of the program’s public availability. Developers were provided with their choice of a hard-copy box containing all programs and evaluation materials, or access to online program files to review. They provided written confirmation of their approval of the final GHA product.

Step 9: Usability testing of prototype

To ensure program packages were engaging, relevant, and user-friendly, the first prototype box was reviewed by thirty HIV prevention professionals working in different countries around the world. The prototype program package and subsequent program packages were revised or developed based on feedback received during usability testing. Suggested changes focused on simplifying “academic” language in program manuals, providing more implementation guidelines, re-formattting manuals to include more color and bullet points, adding examples of worksheets, and providing country-specific examples of adaptation strategies.

Step 10: Capacity-Building wizard creation

To increase users’ capacity to successfully select, implement, and adapt efficacious HIV prevention programs in GHA, we created four online interactive “wizards” covering implementation challenges such as budget preparation, capacity self-assessment, dissemination of results of program implementation and evaluation, and adaptation of the program to a new setting or local context.

Step 11: Creation of a GHA website

We then created a GHA website housing both the GHA programs and interactive wizards. In creating the website we had the following goals and design criteria in mind: 1) increasing dissemination and implementation of the GHA programs by organizing the GHA contents in accordance with: best practices in web-design, recommendations stemming from an environmental scan of the HIV prevention field, and user testing of GHA prototypes; 2) supporting GHA-specific program implementation through the development of complementary capacity-building tools; 3) reaching a wide audience from various regions in the world, through implementation of simple navigation and minimal text, availability in multiple languages, and a mobile version of the site; and 4) building the site using scalable design and technological infrastructure for ease of future expansion.

3. Results

3.1. The GHA Efficacious HIV Prevention Program Collection

3.1.1. Collaboration with the GHA Scientist Expert Panel

Forty-two programs (21 in 2008 and 21 in 2010) were presented to the GHA Scientist Expert Panel for consideration for inclusion in GHA. Of these 42 programs, 23 (14 in 2008 and another 9 in 2010) were given scores indicating high priority for inclusion in GHA, based on the criteria described in Table 1: scientific merit of the evaluation, replicability of the program in other contexts, and positive outcomes. Table 2 provides a list and brief description of the 23 programs approved for inclusion in GHA. The program developer name(s), the country in which the program was found efficacious, and the average priority score assigned by the GHA Scientist Expert Panel are also given in Table 2. Table 2 shows that the highest average priority score assigned by the Scientist Expert Panel was 7.9. Reservations expressed by the Panel (reasons for not giving any program a score of 8, 9, or 10) focused primarily on: study methodology (insufficient sample size, over-reliance on self-reports, or clinical outcomes not assessed); replication or generalizability potential; effect size; and maintenance/sustainability of effects. Of the 23 programs approved for inclusion in GHA, 12 were originally developed for use in Africa (Angola, Cameroon, Kenya, Mozambique, Nigeria, South Africa, Tanzania, Trinidad, and Uganda) and 6 for use in Asia (China, Indonesia, and the Philippines). Fourteen had an American developer, working in collaboration with local implementers and HIV researchers.

3.1.2. Collaboration with Developers of Selected Programs

We attempted to contact all the developers of the 23 Panel-Selected programs in Table 2 to solicit their cooperation in making their program and evaluation materials available in polished form for public use. We were successful in obtaining the cooperation of 11 of these developers (the remaining 12 developers could not be reached, did not send program materials, or did not wish for the program to be included in the archive). Table 3 gives the ten programs whose program and evaluation materials are now part of GHA (the 11th program was deemed by project staff to be too “sexist” to include without major modification that threatened the integrity of the original program). Of the ten programs in GHA, the majority (six) are community-based; two are clinic...
Table 2. HIV prevention programs selected as “Effective” by scientist expert panel.

<table>
<thead>
<tr>
<th>Program Name</th>
<th>Country</th>
<th>Description</th>
<th>Mean Score</th>
<th>Acquired for GHA</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Primary School Action for Better Health Program</td>
<td>Kenya</td>
<td>Teachers and administrators from primary schools are trained to incorporate sexual and reproductive health education into school curricula and co-curricular activities [78,79].</td>
<td>7.9</td>
<td>✓</td>
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<tr>
<td>2. HIV/AIDS and Alcohol Risk Reduction Counseling Intervention</td>
<td>South Africa</td>
<td>STI clinic patients receive a behavioral risk reduction counseling intervention addressing HIV risk, HIV testing, motivation to change behaviors, and sexual communication skill building [80-82].</td>
<td>7.8</td>
<td></td>
</tr>
<tr>
<td>3. Intervention to Improve Treatment-Seeking Behavior and Prevent STIs Among Nigerian Youth</td>
<td>Nigeria</td>
<td>STI treatment-seeking behavior among youth is addressed through peer education, public lectures, health clubs in the schools, and training of STI treatment providers [83].</td>
<td>7.8</td>
<td></td>
</tr>
<tr>
<td>4. Social Network Intervention</td>
<td>Bulgaria</td>
<td>Leaders of Roma (gypsy) men’s social networks counsel members about STI/HIV risk reduction [84].</td>
<td>7.7</td>
<td></td>
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<tr>
<td>5. Community-Based Sex Education and Reproductive Health Service Program</td>
<td>China</td>
<td>Unmarried youth are provided counseling, through a youth health counseling center, and services related to sexuality and reproduction [85]. Adult counselors are nominated by young people and parents to provide youth with sexual and reproductive health information and referrals for services during organized activities. Counselors organize activities such as discussion groups, role plays, and drama performances with youth [86].</td>
<td>7.6</td>
<td></td>
</tr>
<tr>
<td>6. Nyeri Youth Health Project</td>
<td>Kenya</td>
<td>Adult counselors are nominated by young people and parents to provide youth with sexual and reproductive health information and referrals for services during organized activities. Counselors organize activities such as discussion groups, role plays, and drama performances with youth [86].</td>
<td>7.6</td>
<td></td>
</tr>
<tr>
<td>7. Modified Directly Observed Therapy (mDOT) Program</td>
<td>Mozambique</td>
<td>This clinic-based program provides individuals living with HIV directly observed therapy of HIV medications through a peer supporter and counseling/social support [87, 88].</td>
<td>7.5</td>
<td>✓</td>
</tr>
<tr>
<td>8. Entre Nous Jeunes Program</td>
<td>Cameroon</td>
<td>Youth peer educators work in their community to deliver reproductive and sexual health information, distribute educational materials, and refer youth to health services [89].</td>
<td>7.2</td>
<td>✓</td>
</tr>
<tr>
<td>9. Mema Kwa Vijana Program</td>
<td>Tanzania</td>
<td>This multifaceted adolescent sexual and reproductive health program includes a set school curriculum delivered to primary school students; provision of youth friendly health services; community-based condom and distribution by youth; and community-wide activities [90-93].</td>
<td>7.2</td>
<td>✓</td>
</tr>
<tr>
<td>10. HIV/AIDS Warriors Program</td>
<td>Angola</td>
<td>Trained, local, civilian facilitators deliver five HIV prevention sessions to groups of soldiers to increase safer sex behaviors [94].</td>
<td>7.1</td>
<td>✓</td>
</tr>
<tr>
<td>11. TeenSTAR Program</td>
<td>Chile</td>
<td>The local clinic provides youth with pregnancy prevention and STI services and information through a curriculum about reproductive health, postponing sex, gender issues, and drug/alcohol use [95, 96].</td>
<td>7.1</td>
<td></td>
</tr>
<tr>
<td>12. Peer Education for Taxicab/ Tricycle Drivers</td>
<td>Philippines</td>
<td>Peer educators deliver a community-based program to increase knowledge of HIV/AIDS and positive attitudes towards condom use among members of a “bridge population” [97].</td>
<td>7.0</td>
<td>✓</td>
</tr>
<tr>
<td>13. Culturally Adapted Intervention for Youth Living with HIV</td>
<td>Uganda</td>
<td>Nurses deliver a program focused on physical health/nutrition, mental health, reducing HIV transmission, and HIV stigma to youth living with HIV in their homes and at a clinic [98, 99].</td>
<td>6.9</td>
<td></td>
</tr>
<tr>
<td>14. Family AIDS Education and Prevention Program Through Imams</td>
<td>Uganda</td>
<td>Imams and their assistants deliver HIV/AIDS education to their community members and religious groups [100].</td>
<td>6.5</td>
<td>✓</td>
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</tr>
</thead>
<tbody>
<tr>
<td>15. Voluntary HIV Counseling and Testing for Individuals and Couples</td>
<td>Kenya, Tanzania and Trinidad</td>
<td>Voluntary HIV counseling and testing (VCT) is provided to individuals and partners to reduce unprotected sex [101,102].</td>
<td>7.8</td>
<td></td>
</tr>
<tr>
<td>16. Intervention with Microfinance for AIDS and Gender Equity (IMAGE) Program</td>
<td>South Africa</td>
<td>The program targets structural factors related to HIV transmission including poverty, gender inequalities, and intimate partner violence through a group-based microfinance program and delivery of a gender and HIV curriculum for women [103,104].</td>
<td>7.5</td>
<td>✓</td>
</tr>
<tr>
<td>17. Bali STD/AIDS Study</td>
<td>Bali, Indonesia</td>
<td>Female sex workers receive education about STIs and testing and treatment for STIs. Condoms and printed educational materials are also distributed among sex workers and their clients [105,106].</td>
<td>7.3</td>
<td></td>
</tr>
<tr>
<td>18. Voluntary Counseling and Testing (VCT) Program</td>
<td>China</td>
<td>Voluntary counseling and testing for STIs/HIV provided for female sex workers [107].</td>
<td>7.3</td>
<td>✓</td>
</tr>
<tr>
<td>19. Community-based Directly Observed Therapy (C-DOT) Program</td>
<td>Lima, Peru</td>
<td>Trained community members, “DOT Workers,” visit individuals living with HIV to monitor antiretroviral medication doses, provide clinical and social support, and accompany patients to outpatient appointments [108].</td>
<td>7.0</td>
<td>✓</td>
</tr>
<tr>
<td>20. Mujer Segura: Healthy Woman</td>
<td>Tijuana and Ciudad Juarez, Mexico</td>
<td>Trained staff and outreach workers deliver a brief one-on-one motivational interviewing intervention to female sex workers in order to increase condom use [109, 110].</td>
<td>7.0</td>
<td>✓</td>
</tr>
<tr>
<td>21. Sexual Risk Reduction Program for Mexican Youth</td>
<td>Mexico</td>
<td>Young people receive a six-hour safer sex program addressing condom and contraceptive use, parent-adolescent communication, and pregnancy prevention [111].</td>
<td>6.9</td>
<td></td>
</tr>
<tr>
<td>22. Behavior Change Program for Injecting Drug Users</td>
<td>Sichuan, China</td>
<td>A comprehensive HIV/AIDS intervention for urban drug users (IDUs) combines information, education and communication activities, peer education, VCT, condom distribution, a needle-/syringe exchange, and methadone maintenance therapy [112].</td>
<td>6.8</td>
<td></td>
</tr>
<tr>
<td>23. HIV Prevention for Female Sex Workers in Sichuan</td>
<td>Sichuan, China</td>
<td>Female sex workers are provided with voluntary counseling and testing services, needle exchanges, methadone maintenance treatment, STI testing/treatment services, and community-based support through seminars and publicity events [113].</td>
<td>6.8</td>
<td></td>
</tr>
</tbody>
</table>

Based; and one is school-based. Two are intended for use with HIV+ patients; two for use with sex workers; three for use with youth; and one for use with military personnel. The last column of Table 3 gives the training and implementation time required by each GHA program. Training time varies from none required to about 80 hours (“two 5-day sessions separated by a school term”). The variance in implementation time is even greater, with the shortest program (Mujer Segura, Healthy Woman) requiring but a single 35 minute session per client and the longest program (Mema kwa Vijana Program: Good Things for Young People) requiring a complex set of school, health services, and condom promotion activities over a 3-year period.

3.2. The GHA Interactive Online Wizards

Our literature review and environmental scan of gap areas found that program implementers faced implementation challenges on the ground. We developed a set of online interactive capacity-building implementation tools to accompany GHA’s efficacious program collection.

3.3. The GHA Interactive Online Wizards

The Preparing Your Program Budget wizard was developed to help organizations build a budget specific to a selected Global HIV Archive program.

Information was obtained from each program developer about the specific costs associated with the program (e.g., the number and cost of obtaining enough condoms or other supplies needed to implement the program). This information was programmed into an infrastructure that accounts for users’ planned staffing requirements, target population reach, resources required, and overhead expenses to build a tailored budget specific to each program.
<table>
<thead>
<tr>
<th>GHA Program (Developer; Country)</th>
<th>Setting</th>
<th>Target Population</th>
<th>Global HIV Archive Category</th>
<th>Length of Training if applicable, (T) Length of Implementation, (I)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Community-Based Directly Observed Therapy (C-DOT) Program (Sonya Shin, MD; Peru)</td>
<td>School</td>
<td>Community HIV-positive Youth Military General Population Sexual Risk Community Mobilization Reproductive Health HIV testing &amp; Education ART Adherence High-risk Populations</td>
<td>x x</td>
<td>T: 4 days; I: 11 mos. (daily visits for 8 mos., tapered visits mos. 9 - 11)</td>
</tr>
<tr>
<td>Entre Nous Jeunes Program (Gedeon Yomi, MsC; Cameroon)</td>
<td></td>
<td></td>
<td></td>
<td>T: 5 days; I: 18 mos. (no set schedule of activities)</td>
</tr>
<tr>
<td>HIV/AIDS Warriors Program (Daniel Ortiz, PhD; Angola)</td>
<td></td>
<td></td>
<td></td>
<td>I: 5, 4-hour sessions on consecutive days; 1-hour boosters 2x/mos. for 5 mos.</td>
</tr>
<tr>
<td>Intervention with Microfinance for AIDS and Gender Equity (IMAGE) (RADAR; South Africa)</td>
<td></td>
<td></td>
<td></td>
<td>T: 5-day workshop; I: 1-hour sessions every 2 weeks for 1 year</td>
</tr>
<tr>
<td>Mema Kwa Vijana Program (Good Things for Young People)</td>
<td></td>
<td></td>
<td></td>
<td>I: 12, 40-min sessions during 1 school year for 3 years; health services and condom promotion for 3 years; meetings 6 days/year; 1-week health festival 1x/year; health days 2x/year; video shows 4x/year</td>
</tr>
<tr>
<td>Primary School Action for Better Health (PSABH) (Janet Wildish, PhD and Mary Gichuru, MA; Kenya)</td>
<td></td>
<td></td>
<td></td>
<td>T: 2, 5-day sessions separated by a school term; I: 1 school year+</td>
</tr>
<tr>
<td>Peer Education Program for Taxicab/Tricycle Drivers and Other Bridge Populations (Donald E. Morisky, ScD, ScM, MSPH; Philippines)</td>
<td></td>
<td></td>
<td></td>
<td>T: 2 days; I: 1 year + (no set schedule of activities)</td>
</tr>
<tr>
<td>Modified Directly Observed Therapy (mDOT) Program (Cynthia R. Pearson, PhD; Mozambique)</td>
<td></td>
<td></td>
<td></td>
<td>T: 2, 7, or 10 days; 1-day refresher training every 3 mos.; I: 5 visits/week for 6 weeks</td>
</tr>
<tr>
<td>Mujer Segura, Healthy Woman (Thomas L. Patterson, PhD; Mexico)</td>
<td></td>
<td></td>
<td></td>
<td>I: 1, 35-min session (for 1 participant)</td>
</tr>
<tr>
<td>Voluntary Counseling and Testing for Female Sex Workers (Xiaoming Li, PhD; China)</td>
<td></td>
<td></td>
<td></td>
<td>T: 3 sessions totaling 12.5 - 13.5 hours on 3 consecutive days; I: STI exam/tests and pre-/post-test counseling (25 mins. each over 1 week, for 1 participant)</td>
</tr>
</tbody>
</table>
to the GHA program and implementation site.

The *Know Your Capacity to Implement Evidence-Based Programs* wizard was developed to help match an organization’s capacity and priorities to specific Global HIV Archive programs. All GHA programs were categorized according to risk behavior addressed, target population, setting, and resources required. A database was created to organize programs according to these characteristics and suggest relevant programs based on a user’s answers to questions about their organization’s HIV prevention priorities and ability to implement identified programs based on funding, physical space, and other measures of capacity. The wizard provides the user with recommended programs as well as a summary regarding how this program matches their unique characteristics.

The *Creating and Disseminating Results* wizard teaches organizations how to interpret and communicate results of their program based on their intended audience. We designed this resource so that users first select their intended audience and identify what they hope to accomplish by sharing their “story” with the audience.

The *Adaptation Handbook* provides step-by-step instructions on how to make adaptations to programs while retaining features that are responsible, or are believed to be responsible, for the program’s positive effects.

### 3.4. The GHA Website

A stand-alone website was built in English, Spanish and French to house the GHA’s evidence-based program collection, the interactive capacity-building wizards, and a customized search function. The GHA website was designed to appeal to a global audience in both design and functionality. In developing the site, we fashioned the look and structure after NGO web sites that would be familiar to the intended audience, and created a simple navigation structure that features two distinct but complementary types of resources: program packages and capacity-building tools. The primary site navigation allows users to browse programs on the website based on their content area (sexual risk reduction, ART adherence, community mobilization, reproductive health, high-risk populations, and HIV testing and education), while the secondary navigation is by setting (community, clinic, or school). Users can also perform a full site search and identify programs based on keywords, titles, or developers. Each program on the site is fully described and has a multi-tabbed web page containing a short program description; list of program developers; image of one of the key program documents; a complete list of program characteristics such as implementation level, setting, and applicable populations; a list of program components; a complete list of the contents of the program package; and program-download links.

Once a program of interest has been identified on the GHA website, users with varying technological infrastructures can readily access digital copies of HIV prevention program packages. These packages contain all program materials in a format that can be viewed on the computer or printed, and any additional materials required for program implementation, such as videos or audio recordings. When available, users can also access supplementary materials in secondary languages including French, Spanish, Tagalog, Swahili, Portuguese, and Chinese.

The website was built to allow for expansion in both numbers of programs and/or additional capacity-building support. We developed a scalable, cloud-based infrastructure, allowing for nearly unlimited user and content growth. This infrastructure, along with the ability to integrate into existing NGOs’ efforts in implementing HIV prevention services across a variety of constituencies, allows the site and programs to be made available in a variety of ways, for example, to a single individual, a single organization, a consortium of organizations, or even across an entire country based on site users’ needs.

### 4. Discussion

The GHA is a resource that utilizes both science and technology in meeting the needs of frontline HIV prevention practitioners. To have impact in the real-world, a resource needs to be based on the latest scientific knowledge, duly translated into language and formats accessible to global workers trying to stem the epidemic. The GHA exhibits several innovations in prevention programming all aimed at facilitating real-world impact: development of replication kits for global prevention programs that science has found to be efficacious; provision of replication kits in both the original language used by the program and in the universal language English; digitization of all replication kits to facilitate global access via the Internet; provision of tools for science-based program adaptation to a new context; provision of interactive online wizards to develop HIV practitioners’ program selection and implementation capabilities; provision of the original evaluation instrument that was used to demonstrate the program’s efficacy, to encourage re-evaluation of the efficacious program in a new setting; creation of a website (in English, Spanish, and French) dedicated solely to dissemination of the GHA innovations; and building into the GHA website both scalable design and a technological infrastructure for ease of future expansion, as other efficacious HIV prevention programs are identified.

For the GHA to be maximally effective, it is important
that technical assistance and training accompany its science-based resources (efficacious programs, capacity-building tools/wizards). To this end, free technical assistance is offered by GHA staff to all users of GHA resources. Additional training, both in-person and via webinars and web-based videoconferences, is also offered.

REFERENCES


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The Global HIV Archive: Facilitating the Transition from Science to Practice of Efficacious HIV Prevention Interventions


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