Micronutrient Concentrations and Environmental Concerns in an Intensively Cultivated Typic Dystrandept in Mount Bambouto, Cameroon

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ABSTRACT
Micronutrient status of top soils (0 - 25 cm) collected from intensively cultivated soils (typic dystrandept) in the Bambouto highland of Cameroon was investigated. Thirty-six soil samples were collected within a 100 m × 100 m grid. 16 of them were analyzed for pH, organic carbon, cation exchange capacity (CEC), Total N (totN), available P, exchangeable K, Ca and Mg, and 36 samples were analyzed for Cu, Mn, Fe and Zn. The status of trace elements was compared with soil critical levels and soil-based risk thresholds, and was declared deficient, sufficient or toxic. The soils were generally, slightly acidic, of high organic and nitrogen status and of adequate concentrations in exchangeable bases and available P. Mean values of Fe, Cu, Mn and Zn were 58.59, 0.52, 29.20 and 4.99 ppm, respectively. Relative to critical levels, 53% and 8% of the soils examined were deficient in Cu and Zn respectively while in all soils, Fe and Mn were above critical levels. The concentrations of the micronutrients investigated (except for Fe in 3% of the soils) were lower than toxic thresholds prescribed by European Economic Community (EEC) and the United States Environmental Protection Agency. Farmers’ current level of agricultural intensification has no threats on micronutrient toxicity. However, because of Cu and Zn deficiency observed in some fields, an analysis of spatial variability is required to guide site specific soil nutrient management. Furthermore, in order to obtain quality produce and protect the environment, a balanced fertilizer recommendation including NPK + Cu + Zn is required for intensively cultivated typic dystrandept soils in the Bambouto highlands.

Keywords: Trace Metal Concentrations; Micronutrient Toxicity; Agricultural Intensification; Typic Dystrandept

1. Introduction
The soils in the Bambouto highlands of Cameroon are of volcanic origin and are intensively used for agriculture. Typic dystrandept is one of such soils which have been cultivated for more than 30 years. The high productivity which is characteristic of this soil has contributed to increased food production, both for export and local consumption. A recent survey revealed that the dominant cropping systems were potato-based and mixed cropping (with more than 5 crops in association) in homestead gardens [1]. In the potato-based cropping system, farmers grow two-to-three crops per year. Continuous cropping on this soil is sustained by heavy dependence on agricultural inputs (herbicides, fungicides, mineral fertilizers, and livestock and poultry manure). The level of agricultural intensification in the Bambouto highland is driven by increasing human population, urbanization in neighboring towns and cities and ready markets. The average population density of the region is more than 200 inhabitants/km² [2]. Farmlands are fragmented (<1 ha/farm) and falls are inexistent. Because of high demand for potato and vegetables and high economic benefits from potato-based cropping systems, farmers may likely overuse pesticides, herbicides, fertilizers and animal manure to boost crop production in order to meet market demand. Agrochemicals and animal manure are sources of trace elements which are important environmental pollutants [3]. From the agronomic point of view, trace elements are metals needed in small amounts but essential for normal growth and development of living organisms [4]. Under inappropriate land uses and poor soil management, trace metals can affect the quality of agricultural soils including phytotoxicity and food chain contamination [3, 5]. Because of the aforementioned, concentrations of
trace elements in synthetic fertilizers, pesticides, soils, crops and manure have been investigated recently by many authors [6-9]. The abnormal increase in Cu and Fe in Cardamom soils in India, for example, was attributed to the application of several rounds of micronutrient mixtures and fungicides in cardamom agriculture [10]. Poultry manure may contain relatively high concentrations of several trace metals such as As, Co, Cu, Fe, Mn, Se and Zn [3,11]. Other studies have shown that crops raised on metal contaminated soil accumulate metals in concentrations excessive enough to cause clinical problems both to humans and animals that consume these metal-rich plants [3,10,12]. Benson [12] reported that heavy metal pollution of cultivable agricultural farmlands was increasing and was often associated with anthropogenic sources. In the absence of human influences, background levels of trace elements are relatively low and hence pose little threats to human health [13]. Due to non-biodegradability of heavy metals and because emission (partly by leaching) is far less than anthropogenic inputs, heavy metals readily accumulate in soils as sinks [14]. Increasing concerns on food safety and environmental quality therefore call for cultivation of quality produce [15]. However, the issue of toxicity is usually merely a matter of quantity with the range varying for each element. Considering fertilizers as sources of trace metal contamination, trace element and heavy metal concentrations of common commercial fertilizers are generally low, but high P blended fertilizers and pure phosphate fertilizers contain relatively high levels of several elements of potential environmental concern like Cd, V, As, Mo, Cr, Ni, Pb, V, Sb and Be [7]. It is generally agreed that at the concentration levels of these metals in fertilizers, agricultural applications would not significantly increase total soil concentrations above background levels for decades although availability for root uptake into plants may increase.

There are currently no standards to monitor and regulate the application of livestock manure and other chemical inputs on farmers’ fields in the Bambouto highlands. Consequently, it is difficult to conclude if current rates of application are above thresholds that would require remediation. Secondly, lack of investigation into contaminants in agricultural soils, derived from different agricultural activities in intensive agricultural areas makes it difficult to identify potential problems for certain agricultural practices. It is established that in Cameroon, there is an acute lack of comprehensive information on land contamination from economic and industrial development [16]. In the Bambouto highlands characterized by intensive agricultural practices, there is no comprehensive data on trace metal accumulation.

This study was undertaken with the following objectives:

1) To evaluate the status of trace metal in intensively cultivated inceptisols, and
2) To compare trace metal concentrations with toxicity thresholds for micronutrients.

2. Materials and Methods

2.1. Description of the Study Area

The study was carried out in Femok on the NE slope of the Bambouto highlands of Cameroon. The NE slope of Mount Bambouto is characterized by wet, humid and cool climate with periodic moisture regime (1700 to 1800 mm annual rainfall) and isothermic conditions (15°C to 18°C mean annual temperature), Tematio et al. [17]. The rainy season stretches from March to October and the drying season from November to February. The land use in this area consists of annual row cropping with rotational farming of maize, bean, potatoes, etc. [18]. The soil has the following characteristics and is classified as Typic Dystrandept. In general, mineral associations in the soil correspond to kaolinite, gibbsite, goethite, ferrhydrite, allophane and organometal complexes. Farmers use between 5.3 and 30 t/ha of poultry manure, 500 to 2000 kg/ha NPK fertilizer and a wide range of pesticides and herbicides [1].

2.2. Soil Sampling and Laboratory Analysis

Thirty-six soil samples (0 - 25 cm) were collected within a 100 m × 100 m grid cultivated by 10 farmers, using a stainless steel auger. The samples were air-dried at room temperature and crushed to pass through a 2 mm sieve. Sixteen soils were analyzed for the following properties: pH, organic carbon, cation exchange capacity (CEC), Total N (totN), available P, exchangeable K, Ca and Mg and 36 samples for Cu, Mn, Fe and Zn. Soil pH was determined by a pH meter with soil/water and soil/KCl ratio of 1:2.5. Organic carbon was determined by Walkley and Black method [19] and total organic matter (OM) was calculated by multiplying the organic carbon by a factor of 1.724. Available P was extracted following the Bray 2 procedure. Bray-2 P was determined by shaking 2.5 g of air dry soil for one minute in 25 mL of a solution containing 0.03 mol·L⁻¹ NH₄F and 0.1 mol·L⁻¹ HCl and measuring the P concentration in the solution by the colorimetric technique of Murphy and Riley (1962) [20]. The cation exchange capacity was (CEC) was determined by the ammonium saturation method [21]. Exchangeable bases (Ca, Mg, K and Na) were extracted with 1 N ammonium acetate at pH 7 and were determined by flame photometry. The concentrations of trace metals in the soil were extracted with Mehlich III extractant [22] and de-
determined using atomic absorption spectrophotometer.

2.3. Evaluation of Micronutrient Status of Typic Dystrandept

The status of micronutrients was compared with soil critical levels (Table 1) and soil-based risk thresholds (Table 2). Trace element concentrations were declared deficient, sufficient or toxic.

3. Results and Discussion

The soils under potato-based cropping system were generally slightly acidic, of high organic and nitrogen status and adequate concentration of exchangeable bases and available P (Table 3). The acid nature of the soil indicates the availability of micronutrients, since most metals are free at this pH range. Data on micronutrient status of intensively cultivated typic dystrandept soils is presented in Table 4. Relative to the critical levels presented in Table 1, 53% and 8% of the soils examined were deficient in Cu and Zn respectively while Fe and Mn were in adequate supplies. High organic matter is expected to favor retention of micronutrient. The deficiency in Zn and Cu observed in some fields could be associated with high export of farm produce. Farmers in the Bambouto highland practice market gardening (Irish potato, leeks, carrot, beet root, cabbage etc.) principally for export. Intensive cultivation for export leads to nutrient deficiency [27,28]. Zn deficiency is also common in poorly drained soils. Other causes of Zn and Cu deficiencies may be attributed to imbalance Cu and Zn in soil solution. High concentration of Cu in the soil solution relative to Zn can reduce the availability of Zn to a plant (and vice versa) due to competition for the same sites for absorption into the plant root [29]. Zinc deficiency in soils is also caused by high phosphorus status [29]. This may the case in Femok, with a high average P status (Table 1).

The differences in Zn and Cu deficiency observed within the test area may be attributed to differences in origin of manure and composts used by farmers, past fertilizer use, and level of export of farm produce. Ayeni et al. [30] reported contrasting results (in two years) on the effect of source of poultry manure on soil micronutrient status in Nigeria. Generally, factors which affect Zn availability to plants include zinc content, pH, organic matter content, clay content, calcium carbonate content, redox conditions, microbial activity in the rhizosphere, soil moisture status, concentration of other trace elements, concentrations of macro-nutrients, especially phosphorus.

<table>
<thead>
<tr>
<th>Micronutrient</th>
<th>soil pH</th>
<th>Critical level</th>
<th>Reference</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fe</td>
<td>4.8</td>
<td>Halvin and Soltanpour [23]</td>
<td></td>
</tr>
<tr>
<td>Cu</td>
<td>0.5 - 0.6</td>
<td>Makarin and Cox [24]</td>
<td></td>
</tr>
<tr>
<td>Mn</td>
<td>5.5 - 7.4</td>
<td>Baissa et al. [25]</td>
<td></td>
</tr>
<tr>
<td>Zn</td>
<td>1.4</td>
<td>Cox and Wear [26]</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Micronutrient</th>
<th>xicityTo</th>
<th>5 ≤ PH &lt; 6</th>
<th>6 ≤ PH &lt; 7</th>
<th>PH ≥ 7</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cu</td>
<td>50 - 140</td>
<td>40</td>
<td>50</td>
<td>100</td>
</tr>
<tr>
<td>Zn</td>
<td>30 - 150</td>
<td>100</td>
<td>150</td>
<td>250</td>
</tr>
<tr>
<td>Fe</td>
<td>100 - 500</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mn</td>
<td>202</td>
<td></td>
<td></td>
<td></td>
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</tbody>
</table>

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<thead>
<tr>
<th>Micronutrient</th>
<th>Soil property</th>
<th>Range</th>
<th>Mean ± SE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fe</td>
<td>Organic carbon (%)</td>
<td>5.00 - 8.13</td>
<td>6.70 ± 0.23</td>
</tr>
<tr>
<td>Cu</td>
<td>Total N (%)</td>
<td>0.24 - 0.83</td>
<td>0.60 ± 0.03</td>
</tr>
<tr>
<td>Mn</td>
<td>C/N ratio</td>
<td>7.29 - 31.92</td>
<td>12.60 ± 1.19</td>
</tr>
<tr>
<td>Zn</td>
<td>pH KCl (1:2.5)</td>
<td>4.4 - 5.3</td>
<td>5.0 ± 0.06</td>
</tr>
<tr>
<td>P</td>
<td>pH water (1:2.5)</td>
<td>5.0 - 6.3</td>
<td>5.6 ± 0.08</td>
</tr>
</tbody>
</table>

Data on micronutrient status of intensively cultivated typic dystrandept soils is presented in Table 4. Relative to the critical levels presented in Table 1, 53% and 8% of the soils examined were deficient in Cu and Zn respectively while Fe and Mn were in adequate supplies. High organic matter is expected to favor retention of micronutrient. The deficiency in Zn and Cu observed in some fields could be associated with high export of farm produce. Farmers in the Bambouto highland practice market gardening (Irish potato, leeks, carrot, beet root, cabbage etc.) principally for export. Intensive cultivation for export leads to nutrient deficiency [27,28]. Zn deficiency is also common in poorly drained soils. Other causes of Zn and Cu deficiencies may be attributed to imbalance Cu and Zn in soil solution. High concentration of Cu in the soil solution relative to Zn can reduce the availability of Zn to a plant (and vice versa) due to competition for the same sites for absorption into the plant root [29]. Zinc deficiency in soils is also caused by high phosphorus status [29]. This may the case in Femok, with a high average P status (Table 1).

The differences in Zn and Cu deficiency observed within the test area may be attributed to differences in origin of manure and composts used by farmers, past fertilizer use, and level of export of farm produce. Ayeni et al. [30] reported contrasting results (in two years) on the effect of source of poultry manure on soil micronutrient status in Nigeria. Generally, factors which affect Zn availability to plants include zinc content, pH, organic matter content, clay content, calcium carbonate content, redox conditions, microbial activity in the rhizosphere, soil moisture status, concentration of other trace elements, concentrations of macro-nutrients, especially phosphorus.
and climate [29]. A common method employed to redress micronutrient deficiency, is the use of manure of plant and animal origins. Even then, the rate of application by some farmers may not be sufficient to reverse the negative micronutrient balance caused by continuous export of farm produce.

Zinc deficiency in soils and consequently crops has significant health implications. In 2002, Zn deficiency was included as a major risk factor in the global burden of diseases, and in 2004, WHO/UNICEF included Zn supplements in the treatment of acute diarrhea [34]. Deficiency in Cu in soils will negatively affect a number of physiological processes such as the photosynthetic and respiratory electron transport chains, metabolic pathways and ATP synthesis [35]. Although rare in humans, Cu deficiency can cause anaemia [36].

The status of the micronutrients in intensively cultivated typic dystrandept was lower than toxic thresholds prescribed by European Union and the United States Environmental Protection Agency (Table 2), except for Fe where 3% of the soils examined was potentially toxic (Fe > 100 ppm). Fe-toxicity occurs in poorly drained iron-rich soils. Although iron (Fe) is an essential nutrient for plant growth and development, it causes harm when present in excess and limited amounts [37]. For example, elevated concentrations lead to enhanced oxidative stress and the increased production of reactive oxygen species, known to favor diverse morphological, biochemical and physiological alterations. Excess Fe\(^{2+}\) in soil solution has been reported to affect the absorption of other nutrients such as Calcium (Ca), Magnesium (Mg), potassium (K) and Phosphorus (P) due to the precipitation of iron oxide in plant roots [27,38,39]. The overall consequence is reduced plant growth and total biomass. Some strategies adopted to reduce the effect of iron toxicity include proper drainage and balanced fertilization of plant nutrients. Despite the potential Fe-toxicity reported for 3% of the soils examined, the results of this study indicate that farmers’ current agricultural practices in the Bambouto highlands with respect to use of chemical inputs and manures, pose no threat to Fe, Mn, Cu and Zn toxicity.

### 4. Conclusion and Recommendations

The current study was undertaken to evaluate the micronutrient status (Fe, Cu, Mn and Zn) of soils in mount Bambouto and the necessity for remediation. Current use of pesticides, herbicides and animal manure in potato-based cropping systems on typic dystrandept soils is not at rates that would cause micronutrient toxicity and consequently environmental degradation. Instead, Cu deficiency is common in most of the fields (53%) and to a less extent (8%), Zn deficiency. Because of the deficiency observed in Cu and Zn status in the soils, an analysis of spatial variability is required to guide site specific soil nutrient management. Furthermore, in order to obtain quality produce and protect the environment, a balanced fertilizer recommendation including NPK + Cu + Zn is required for intensively cultivated typic dystrandept soils in the Bambouto highlands.

### 5. Acknowledgements

We wish to thank the farmers of Femok, Bambouto highlands for permitting us to use their fields for this study and the anonymous reviewers of the submitted manuscript.

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