Efficacy of Intravenous Immunoglobulin in a Case of Emanuel Syndrome

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Abstract

We report a case of a male patient with Emanuel syndrome (ES) with multiple systemic malformations. He had frequent recurrent seizures and infectious diseases after six months. Because the level of immunoglobulin (IgG) was below the normal range for his age, he was administered intravenous immunoglobulin (IVIG) whenever infection occurred. As he grew up, the frequency of infections and seizures were reduced after IVIG therapy. Although the mechanism was not identified, IVIG might be effective for not only recurrent infections, but also for reducing recurrent seizures.

Keywords

Emanuel Syndrome, IVIG

1. Introduction

Emanuel syndrome (ES) is a rare anomaly associated with multiple systemic malformations and is characterized by severe intellectual disability, microcephaly, failure to thrive, preauricular tags or pits, ear anomalies, cleft or high-arched palate, micrognathia, kidney abnormalities, congenital heart defects, and genital abnormalities in males. The frequency of ES has been reported as 1 in 110,000, and the estimated number of ES cases in Japan is 1063 [1].

Mental and developmental retardation are major clinical features. Treatment of manifestations and prevention of secondary complications are needed. Recurrent seizures and infections are complications in ES.

We report a case of ES treated with regular injections of intravenous immunoglobulin (IVIG) and review the literature about immunological status in ES. Informed consent was obtained from parental consent to report this case.
2. Case Report

A male infant was delivered at full term by vaginal delivery. Intracytoplasmic sperm injection (ICSI) had been performed; the antenatal period was uneventful. The birth weight was 3022 g, height was 48 cm, and head circumference was 32.5 cm. He had remarkable multiple congenital anomalies and craniofacial dysmorphism which involved ear pits, preauricular tags, Pierre Robin sequence, micrognathia, excess nuchal skin, and abnormalities in ear shape, size, and position. Hearing assessment revealed severe hearing loss. He also had a small penis. Echocardiography revealed atrial septal defect (ASD), ventricular septal defect (VSD), and pulmonary stenosis (PS). Karyotyping using SKY analysis showed 47, XY, +der (22) t (11; 22) (q23.3; q11.2) (Figure 1). He was diagnosed with ES. Karyotyping for his parents was not performed (no consent). After he was born, he became bed-ridden because of hypoxia-related brain encephalopathy. Treatment of manifestations (gastro-esophageal reflux, cardiac defects, cleft palate, hearing loss, epilepsy, cryptorchidism, and micropenis) was performed by multidisciplinary teams. During the 5-year follow-up, he was found to have significant developmental delay. He had frequent recurrent seizures and infectious diseases after six months. Figure 2 reveals the level of immunoglobulin (IgG) and the clinical course. As the level of endogenous IgG decreased over his first six months, he had frequent episodes of bronchitis and pneumonia and fistula formation by infections of the preauricular pits. Because the level of IgG was below the normal range for his age, he was administered IVIG (200 mg/kg) whenever an infection occurred. As he grew up, the frequency of infections and seizures were reduced after IVIG therapy.

3. Discussion

ES is characterized by multiple congenital anomalies and craniofacial dysmorphism and is treated by multidisciplinary teams. The der (22) may arise from a parental balanced t (11; 22) (q23; q11.2) or can be created de novo [2]. Mental and developmental retardation is frequently seen. There are several reports about immunological status in ES (Table 1). Carter et al. reported on 63 individuals with ES [3]. They demonstrated that recurrent infections might be partly responsible for failure to thrive as ES children get older and that chronic and recurrent ear infections were seen in 96% [3]. Emanuel et al. demonstrated that
Figure 2. Level of immunoglobulin and clinical course. (IgG is indicated by a black line. Maximum IgG level for age is indicated by a dashed line. Minimum IgG level for age is indicated by a dashed-dotted line).

Table 1. Immunological status in affected ES patients.

<table>
<thead>
<tr>
<th>Reference</th>
<th>Title</th>
<th>Infections &amp; Immune Status</th>
<th>Follow up results</th>
</tr>
</thead>
<tbody>
<tr>
<td>Carter MT et al.</td>
<td>Phenotypic delineation of Emanuel syndrome (supernumerary derivative 22 syndrome): Clinical features of 63 individuals.</td>
<td>Recurrent ear infections were seen in 96%; 19% had low immunoglobulins and 9% were treated with IVIG which had reported benefit.</td>
<td>No conclusions can be drawn about the use of IVIG.</td>
</tr>
<tr>
<td>Emanuel BS et al.</td>
<td>Abnormal chromosome 22 and recurrence of trisomy-22 syndrome.</td>
<td>Recurrent pneumonia developed in nearly 47% of affected patients.</td>
<td>No mention about results</td>
</tr>
<tr>
<td>Kapoor S.</td>
<td>Emanuel syndrome: A rare disorder that is often confused with Kabuki syndrome.</td>
<td>Cryptorchidism was seen in 46% of ES patients while recurrent urinary tract infections were seen in 18% of affected individuals.</td>
<td>No mention about results</td>
</tr>
<tr>
<td>Tovo et al.</td>
<td>Thymic hormone dependent immunodeficiency in an infant with partial trisomy of chromosome 22.</td>
<td>Decreased immunoglobulin levels were found in affected patients.</td>
<td>Thymostimulin increased IgG levels.</td>
</tr>
<tr>
<td>Our case</td>
<td>Efficacy of intravenous immunoglobulin in a case of Emanuel syndrome</td>
<td>The level of IgG was below the normal range for his age and recurrent seizures occurred.</td>
<td>Decreased the frequency of infections and seizures after IVIG therapy.</td>
</tr>
</tbody>
</table>

ES patients were especially prone to recurrent infections, particularly recurrent otitis media that nearly 54% of affected patients develop gastro-esophageal reflux, and that recurrent pneumonia developed in nearly 47% of affected patients [4]. It was demonstrated that nearly one fifth of affected patients end up requiring a G tube [5]. In addition, Kapoor reported that cryptorchidism was seen in 46% of ES patients while recurrent urinary tract infections were seen in 18% of affected individuals [6]. The mechanism of susceptibility to infections is not completely clear, although Tovo et al. reported decreased immunoglobulin levels in affected patients [7].

In this report, although the level of IgG was below the normal range for his
age, the frequency of infections and seizures were reduced after IVIG therapy. In our case, immunological examinations revealed normal cellular and humoral immune function; however, immunoglobulin levels were low. Probably craniofacial dysmorphism seem to be part of the cause for recurrent infections. This patient had received tracheotomy due to micrognathia, possibly making him susceptible to pneumonia.

Seizures frequently occur in nearly 48% in patients with ES [8]. IVIG has previously been shown to be of potential benefit in epilepsies in which immunological causation is directly implicated, such as Rasmussen’s encephalitis and autoimmune limbic encephalitis [9] [10] [11]. Chen et al., using an experimental model of epilepsy, demonstrated that IVIG reduced local activation of glial cells and complement system activation and caused blood-brain barrier damage [12]. In our case, although the mechanism was not identified, frequency of seizures was reduced after IVIG therapy. IVIG might be effective for not only recurrent infections, but also for reduction of recurrent seizures.

Carter et al. demonstrated that 19% of ES patients had low IgG and 9% were treated with IVIG which had reported benefit; however, no conclusions could be drawn about the use of IVIG in children with ES as the numbers were small [3].

The mortality rate in ES is unknown because it depends on degree of multiple congenital anomalies. However, long-term survival is possible [3]. Approach, treatment, and careful follow-up for immunological status in patients affected with ES are needed to ensure a better quality of life.

Acknowledgements

The authors thank the native English-speaking medical editors from the Department of International Medical Communications of Tokyo Medical University for editing and reviewing the initial English manuscript.

Declaration of Conflicts of Interest

All the authors report no conflicts of interest.

References


Y. Kashiwagi et al.


**Abbreviations**

ES, Emanuel syndrome;
IgG, Immunoglobulin;
IVIG, Intravenous immunoglobulin.
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