Case Report: Uterine Adenocarcinoma Metastasis to the Skull Base and Cervical Spine Presenting with Pathological Fracture and Myelopathy

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ABSTRACT

Objective: The authors report a rare case of uterine adenocarcinoma metastasis to both the skull base and cervical spine presenting with pathological fracture and myelopathy. Methods: We report the case of a 43-year-old Asian female with widely metastatic uterine adenocarcinoma who over the course of 3 years was diagnosed with a large clival mass and more recently a cervical spine pathological fracture presenting with myelopathy. Results: This patient underwent multiple procedures over a three-year period, including total hysterectomy with tumor debulking, endonasal biopsy of clival mass and most recently cervical corpectomy and fusion. She has received chemotherapy and radiation therapy for treatment of the unresectable clival mass and has done quite well despite having this pathology. Conclusion: This is the first documented case of clival involvement of endometrial adenocarcinoma. Additionally, this is a unique case of spinal metastatic endometrial adenocarcinoma presenting with pathological fracture and myelopathy.

Keywords: Cancer; Metastasis; Pathological Fracture; Myelopathy; Skull Base

1. Introduction

Endometrial cancer is the most common gynecologic malignancy in the United States. An estimated 40,100 cases are diagnosed annually, leading to 7470 deaths. It is the fourth most common cancer, accounting for 6% of female cancers, following breast, lung and colorectal cancer [1]. Endometrial adenocarcinoma is the most common cancer in the female reproductive system. We report a rare case of uterine adenocarcinoma metastasis to both the skull base and cervical spine presenting with pathological fracture and myelopathy.

2. Case Reports

Case Presentation

We report the case of a 43-year-old Asian female who presented two years ago with vaginal bleeding and chronic pelvic pain. She was diagnosed with stage 4A locally advanced endometrial adenocarcinoma with mucinous differentiation and underwent radical hysterectomy and bilateral oophorectomy with tumor debulk-
Figure 1. Hematoxyline and Eosine slide demonstrating endometrial adenocarcinoma. There are numerous, small, crowded glands with varying degrees of nuclear atypia, mitotic activity, and stratification.

3. Results

Intraoperative

The patient then presented once again eight months later with worsening weakness and numbness of the lower extremities, progressing to a wheelchair bound state. MRI demonstrated a pathological compression fracture at C7 with 80% loss of height and retropulsion in the spinal canal, with preservation of disc spaces (Figure 2(d)). CT imaging demonstrated near total erosion of the bone by tumor. She was taken to the operating room for a C7 corpectomy with placement of cage and anterior instrumentation. The entire C7 vertebral body was soft and eroded by tumor, and there were areas of grayish-blue tumor with some slight vascularity. The remaining vertebral body was removed in a piece-meal fashion. The patient’s motor deficits and sensory deficits improved postoperatively. Pathology demonstrated metastatic disease composed of numerous, small, crowded glands with varying degrees of nuclear atypia, mitotic activity, and stratification (Figure 1). Estrogen and progesterone receptor positivity was noted.

4. Discussion

Endometrial adenocarcinoma is the most common cancer in the female reproductive system [2]. Metastatic disease to the lungs, liver, bones and skin are quite common [2]. Methods of dissemination include local or lymphatic [3]. Bony involvement of this disease is documented to be around 10% - 15% [2]. Fagundes et al. did a retrospective review of 1211 patients with invasive uterine carcinoma treated with radiation alone and found that the incidence of metastasis to other organs was 56% [4]. The incidence of metastases to the bones was 16%, most

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Figure 2. (a): MRI Brain demonstrating large left-sided clival mass and (b): T1 sagittal image demonstrating clival erosion due to tumor and (c) also demonstrated on (c) CT imaging. (d): MRI c-spine demonstrating acute pathological fracture at C7, with severe spinal canal compression, however with preservation of disc spaces.
commonly to the thoracic and lumbar spines [4]. There are to date only 29 reported cases of bone metastases from endometrial adenocarcinoma, although none reported in the clival skull based nor causing acute myelopathy in the cervical spine due to pathological fracture.

Albareda et al. discussed endometrial adenocarcinoma metastasis to the sacrum requiring sacrectomy with good results post-operatively [2]. Al-Salam described a patient with acute onset of myelopathy due to thoracic metastasis from an endometrial stromal sarcoma with sex cord differenciation [5]. This patient underwent urgent thoracic decompression and recovered well [5]. Ye et al. studied 36 relatively healthy patients with a variety of metastastic spinal tumors to all areas of the spine who were operated on for tumor resection and spinal stabilization. They noted diminishing pain post-operatively in all patients and the following overall survival at 3 months, 6 months, 1 year, and 2 years: 97.2%, 63.9%, 38.9%, 16.7% [6]. They concluded that single or multiple spinal metastases, neurological symptoms, spinal stability and patients’ pre-operative condition all affect patient post-operative pain and neurological outcome [7].

Farooq et al. documented a case of a 63-year-old woman with a rapidly enlarging mass on her forehead [3]. MRI demonstrated an 8 cm tumor extending from the left frontal subcutaneous tissue through the skull into the epidural space, with concomitant stable spine metastases [3]. Mustafa et al. described a 45-year-old patient with scalp and left frontal bone metastases [8]. Lieschke et al. reported a case of endometrial adenocarcinoma with spread to the pituitary gland presenting as apoplexy [9]. Additionally, endometrial carcinoma has been reported to metastasize to the paranasal sinuses [10], mandible [11], and as isolated lesions in the long bones [6]. Treatment for widely metastatic endometrial adenocarcinoma is a combination of surgery, radiation, and chemotherapy with hormonal therapy as appropriate depending on receptor status of cancer [9-11]. 5 years survival for highly metastatic 4A tumors is 17% [9,10]. Given this relatively favorable survival, this may argue in favor of more aggressive treatment of bone metastases in patients with advanced endometrial adenocarcinoma.

5. Conclusion

Endometrial adenocarcinoma must be considered on the differential diagnosis list of lesions involving the skull base and/or pathological fractures of the spine presenting acutely with spinal cord compression.

REFERENCES