External Representations in the Teaching and Learning of Introductory Chemistry

James R. Cox, Bethany W. Jones
Department of Chemistry, Murray State University, Murray, USA.
Email: jcox@murraystate.edu
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This manuscript describes the role that external representations, such as diagrams and sketches, can play in organizing and learning concepts presented in a one-semester chemistry course (general, organic and biochemistry) designed for nursing students. Although external representations are typically found in chemistry textbooks and instructor-drawn notes, students are usually not taught or prompted to use various types of external representations to promote learning. Representations created by an instructor and a student are discussed to highlight effective ways to foster student participation in creating various diagrams. In addition, a student provides a perspective on the educational value of creating external representations and the roles of visual thinking and creativity in learning introductory chemistry. Although the model for this approach has been an introductory chemistry course, this approach can be widely applied across disciplines.

Keywords: Visual Thinking, External Diagrams, Active Learning

Introduction

The availability and diversity of instructional methods in science classrooms has increased tremendously in last decade. As a result, the lecture format has been redesigned and more active forms of teaching and learning have been developed (Derting & Cox, 2008; Derting & Ebert-May, 2010; Deslauriers, Schelew, & Wieman, 2011; Haak, HilleRisLambers, Pitre, & Freeman, 2011; Lee & Jabot, 2011; Mazur, 2009). This comes at a time when the amount of content and information available in scientific disciplines is ever expanding. At the same time, some have heralded the end of the information age and insist we are in an interaction age (Milne, 2007) where student success depends on meaningful interactions with instructors, each other and information. Daniel Pink has suggested we have left the information age and entered a conceptual age where right-brain aptitudes are in demand and entered a conceptual age where right-brain aptitudes such as creativity, design and pattern recognition will be indispensable (Pink, 2005).

Another important issue in the current educational environment is the extent metacognitive and learning skills should be incorporated into science courses, especially at the introductory level. Metacognition is a complex area related to the management of one’s own learning and is known to be an important domain in student learning and success in chemistry (Cooper & Sandi-Urena, 2009; Rickey & Stacy, 2000; Tsai, 2001). In addition, a recent report made a strong argument for teaching introductory science students less content and more learning skills in an effort to provide a richer learning experience and promote science literacy (Coil, Wenderoth, Cunningham, & Dirks, 2010).

Although robust and lively debates about content, course design and learning skills are important, the fact remains that there are numerous students struggling to succeed in introductory science courses. In many ways, the solution to this problem boils down to what a recent report termed the Carnegie Hall hypothesis, which relates intensive “practice” to the success of underprepared students (Haak et al., 2011). The authors of this recent report note that effective forms of practice require students to challenge previous conceptions and explain their thinking. For some students, practice only comes in the form of working additional problems at the end of textbook chapters. Although working problems is imperative, students can benefit from having a wider array of options to practice concept mastery and problem-solving strategies. One option is to introduce students to the concept of visual thinking and the role that visualization can play in tackling misconceptions and describing thought processes (Gilbert, 2005; Mathewson, 1999; Schönborn & Anderson, 2006; Stranger-Hall, Shockley, & Wilson, 2011). The opportunity to use creativity and right-brain skills to tackle more analytical and quantitative tasks may help a broad range of students, even if some content has to be sacrificed.

External Representations

This manuscript describes how a chemistry instructor prompted students in his introductory chemistry course to create diagrams and sketches (external representations) to solve problems and learn concepts and how one particular student in the course responded. External representations can be defined as visual and spatial displays used to promote, discovery, memory, inference and calculation and will be used as a broad term to describe sketches, diagrams or illustrations generated by hand or on a computer (Schönborn & Anderson, 2006; Suwa & Tversky, 2002; Tversky, 2002). The literature describes the educational and psychological value of external representations in terms of memory, expressing ideas, making connections, pattern construction and recognition and problem solving (Gilbert, 2005; Gobert & Clement, 1999; Hall, Bailey, & Tillman, 1997; Larkin & Simon, 1987; Mathewson, 1999; Mayer & Gallini, 1990; Ramadas, 2009). One of the most powerful aspects of creating external representations can be realized when students see new ideas and concepts emerge after drawing a sketch or diagram. These unintended discoveries provide a greater context to the material and a scaffold in which to develop new ideas or a greater understanding of a body of information (Tversky, 2002).
Deliberate Practice

There is also an expanding body of evidence that points to the educational value of learner-centered pedagogies that have students actively engaged in learning activities and deliberate practice strategies (Derting & Ebert-May, 2010; Deslauriers et al., 2011; Haak et al., 2011; Stranger-Hall et al., 2011; Weimer, 2002). Although this manuscript describes the use of external representations in an introductory chemistry course, the methods discussed are just one way to promote deliberate and productive practice sessions. As a result, the aim of this work was not to assess the impact on student learning; rather it was to develop a strategy to get students to construct external representations and to obtain detailed information from a student that found value in this approach. The next two sections are written by an instructor (JRC) and a student (BWJ) in an introductory chemistry course (general, organic and biochemistry) designed for nursing students. Although the representations described in the manuscript are for a chemistry course, the use of visual thinking and student-generated diagrams should be of interest to educators across disciplines. It should be noted that the type and nature of the external representations described in this manuscript are not typically found in traditional chemistry textbooks. The goal of this approach was to show students how to use their own creativity to generate representations that integrate information and prompt them to see the interconnectedness of topics and ideas.

Role of Instructor (JRC)

As the instructor, I played two roles in introducing external representations into this introductory chemistry course. The first involves my use of sketches or diagrams during lecture and discussion to provide new ways to present, analyze and integrate information and concepts. An example of this type of representation is shown in Figure 1 and is related to the strategy used to perform unit conversions. This diagram, coupled with a few practice problems, was used to introduce the mechanics of solving these types of problems and the steps common to most conversions (one unit is converted to another unit, usually with one or more intermediate steps using conversion factors). Figure 2 shows another representation concerning the naming and properties of carboxylic acids. A textbook typically presents the rules of carboxylic acid nomenclature in text form and physical property information (such as boiling point and water solubility) in tabular form. The diagram in Figure 2 was constructed to integrate these important areas and supplement the textbook and course notes on nomenclature and properties. The purpose of this diagram was to present some essential information on carboxylic acids in a more visual form, although some text is used to make key points.

It is likely that students will draw more educational value from constructing their own diagrams compared to just using ones supplied by an instructor (Gobert & Clement, 1999; Hall et al., 1997; Stranger-Hall et al., 2011). Therefore, the second role I played was mentoring students how to create their own diagrams. Constructing useful diagrams is not easy for most students and incorporating them in lecture or class discussions may not be enough to prompt students to make their own. Class time can be used for students to practice making various external representations. One approach was to have a class art show where student groups were tasked with making diagrams that illustrate how to solve a particular problem, analyze concepts or dissect molecules (Figure 3). Another approach I used was to work one-on-one with students during office visits. These are typically the students that need help and can benefit most from a fresh approach to solving problems, organizing information and learning concepts through representations.

Student External Representations (BWJ)

In courses outside the sciences, I was always able to combine my creativity and right-brain aptitudes with more traditional methods (rewriting notes, listening to audio recordings of lectures, etc.) to maximize my learning. However, when I started in the Introductory Chemistry course, I was not sure how to use my creative skills to further my learning. I took copious lecture notes, read the textbook and worked the problems at the end of the chapters; however, it was difficult to see how various parts of the chapters fit together and the material seemed complex, foreign and intimidating. This changed when the instructor introduced the concept of creating diagrams to aid in integrating material and solving problems. This allowed me to tap into my natural disposition of working though problems creatively and visually and I was able to process and retain course information much more readily and effectively. As a result, I now think more visually when learning science and solving problems and utilize more creative learning methods in courses within my nursing program.

The external representation in Figure 4 was created in order to visualize and help retain the process of two fundamental tasks in chemistry: 1) define and calculate the molecular weight of a molecule from the periodic table and 2) calculate the mass (in grams) of a molecule (from moles) using a conversion factor. This external representation also helped me maintain the correct
Figure 3.  
A student-generated poster used in a chemistry art show. Posters of this type were generated by student groups to highlight important aspects of chemistry and to demonstrate the different types of diagrams that can be created by students and student groups.

Figure 4.  
A student-generated diagram related to molecular weight and mole-to-mass conversions.

Figure 5.  
A student-generated diagram that shows the relationship between the various gas laws.

Figure 6.  
A student-generated diagram created to analyze a problem missed on an examination. I made this representation with text and structures in order to construct a problem-solving process that allowed me to reverse any inaccuracies or oversights by crafting a detailed pathway to victory (correct answer) through visualization. This simultaneously created a visual memory with the capability to maintain a lasting impression of the factors associated with water solubility. The visual and integrative nature of Figure 6 does not make the question any less complex, just more discernable and accessible. Therefore, constructing these types of diagrams allows me to learn from my mistakes and provides a process to better analyze future questions. Ultimately, it is less about getting questions correct on examinations and more about learning the concepts associated with my courses and developing habits of the mind that allow me to think critically and creatively.

Conclusion

Students are often presented information, concepts and problems in various forms, but are rarely taught how to organize and integrate material in a way that supports learning (deliberate practice). Students must be able to construct a conceptual framework of ideas and facts and organize information in a way that it can be easily recalled and applied (NRC, 2000). This manuscript has addressed many types of external representations and demonstrated how they can be used to organize and integrate information. Also, the roles that instructors and students can play in generating representations have been described. Overall, the process of incorporating external representations into a course can be summarized as Initiation-Opportunity-Visibility. Typically, students have to be prompted to draw diagrams and instructors can initiate the process by using external representations during class and helping students make their own diagrams. This can provide an opportunity for students to use right-brain aptitudes to help them learn material such as introductory chemistry. Also, it provides an opportunity for some students to be introduced to design and symphony, two of the senses described by Pink as important in the conceptual age (Pink, 2005). Often, students who do not succeed in courses such as introductory chemistry fail to grasp or visualize
the interconnectedness of complex ideas and problem variables. External representations and visual thinking have the potential to make complex ideas and problems more accessible and visible to a broad range of students who struggle in the areas of information organization and synthesis, pattern recognition or the ability to identify or focus on the hierarchical nature of systems.

These concepts are related Dan Roam’s approach to solving business problems and selling ideas with pictures (Roam, 2008). Roam suggests that the real value of visual thinking is to make complex issues understandable by making them visible, not simpler. This has direct and significant consequences in teaching at all levels. Instructors have to teach students to appreciate and analyze the complexities of science, even in introductory courses. Although simplification has its place in teaching and learning, the principles of scientific disciplines can only be broken down so far and the beauty and essence of many systems lies in their complexity.

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